

# **The City of White Plains Programs**

## WHITE PLAINS CITY OFFICIALS

## Mayor

Thomas M. Roach

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Beth Smayda

#### Common Council

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## Recreation & Parks Staff

Wayne Bass, Commissioner

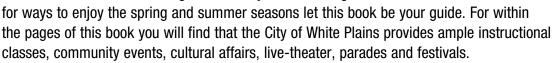
**Ellen Albers Mary Carey** Francine Croughan Robert Demarco Michael Fusca **Matthew Hanson Helen Lamarche Beverly Myers-Bryant** Lauren O'Connor **George Price** John Shymonowicz Sia Tofano

## Office of the Mayor

City of White Plains, Office of the Mayor 255 Main Street, White Plains NY 10601

**Dear Fellow Resident:** 

It has been said that autumn arrives in early morning but that spring arrives at the close of a winter day. Well, spring is in the air and it is beckoning to us all. If you are looking



I am pleased to present the 2013 City of White Plains Spring/Summer Guide detailing programs offered through our Recreation and Parks Department, The White Plains Public Library, the Youth Bureau, the White Plains Performing Arts Center and our many community partners. This year's Guide contains information about several exciting new programs, including a City-Wide Swim Initiative called "Jump-in and Swim Month," with free swim lessons throughout the month of March, bike safety workshops, an outdoor yoga program at Liberty Park and Storywalk along the Jack Harrington White Plains Greenway. It also includes greater summer camp offerings in music, golf, biking and gymnastics, as well as theatrical productions of Hair and the Importance of Being Earnest.

I'm proud of the variety of opportunities we are able to offer to all of our residents and encourage you to enjoy as many as possible.

On a more serious note, I wanted to take this opportunity to direct you to the center pages of this book, where you will find important information for your use during an emergency. The severe storms that we have experienced over the past few years, especially Superstorm Sandy, have made it abundantly clear how vital it is that we be able to communicate with you during an emergency situation. The page entitled, "In Case of a Citywide Emergency" provides important information on how to access and receive emergency information, especially through our CodeRed Community Notification System. I urge you to keep this page handy. Thank you.

Best regards,

Thomas M. Roach, Mayor



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The City of White Plains Sanitation Recycling Schedule for 2013 will be included in the Water Quality & Environmental Booklet. This publication will be mailed to all residents by June.

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**Camp Central** 

Camp Panawok & Camp Quarropas

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Recreation & Parks Office Hours:

Mon - Fri 9am - 5pm; Sat 9am - noon
Information: 422-1336
Cancellations: 422-1302
email-recreation@whiteplainsny.gov
\*Recreation Office
Closed on the Following Saturdays
July 20, August 17

www.cityofwhiteplains.com

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# **Program Registration**

The City of White Plains Recreation and Parks Department provides residents with a web based brochure and registration process www.whiteplainsregistration.com.

- 1. Complete the registration form. Be sure to include the activity, course number, personal and emergency phone numbers and if available an email address.
- 2. Mail-In, Walk-In or visit www.whiteplainsregistration.com, All individuals will be able to browse our online brochure, however, if you wish to take advantage of online registration available for most of our programs, you will be required to visit our office and provide proof of residency. We will then provide you free of charge a WEBACCESS PASS for the convenience of future program registration. Proceed to register by following the web-based instructions. Registering on-line gives you an immediate confirmation of class availability and enrollment. When utilizing the online registration program you will then have the capability of creating a household roster of program registrations and an activity calendar for one or more members of your family for each upcoming month. This calendar will display the Program Name, Date/Time and Location for each member registered.

Please note: Online registration will begin one day following our walk-in registration.

3. All registration fees are payable at the time of registration. Payment can be made by cash, check or credit card (MasterCard, Visa, or American Express). Please make checks payable to "The City of White Plains". Financial assistance may be available to qualified applicants.

The City of White Plains Recreation & Parks Department hopes this online process will provide our residents easy access to program registration. If you are in need of additional information, assistance or are not completely satisfied with our registration process and/or programs, please advise our office.

#### All registrations are accepted on a first-come, firstserved basis. Class sizes are limited, so register early!

Registration for programs will be held at the Recreation Administration Office at 85 Gedney Way, Monday through Friday, 9am - 5pm and Saturdays, 9am - noon. All programs are exclusively for White Plains residents unless otherwise indicated. All registrants, both youth and adult will be required to provide proof of residency. As a convenience to White Plains residents, Recreation & Parks also accepts credit cards (VISA, MasterCard, Debit Cards, and American Express) for payment on program registrations. A \$20 fee will be charged for all returned checks.

#### **Refund Policy**

Refunds are issued only for the following reasons:

• A full refund will be issued for any program

cancelled by Recreation & Parks.

 A refund request because of illness or accident must be submitted in writing and accompanied by a doctor's note.
 Refunds will be prorated based on the date received, with a 10% service charge.

**Cancellation Policy** In case of inclement weather, cancellations will be announced on the Recreation & Parks Hotline at 422-1302, and on radio station WHUD FM (100.7). All efforts will be made to reschedule classes canceled due to weather conditions or scheduling conflicts. However there is no refund or pro-rated fee due to missed classes.

**Insurance:** Accident insurance is not provided for participants by the City of White Plains. It is recommended that participants obtain such insurance to protect themselves and their children.

## Where to go, What to do, Way of Life City of White Plains Recreation & Parks

## **Recreation ID Card**

#### **Recreation ID Card**

Resident ID cards are issued on an annual basis, and can be obtained in person upon presenting two acceptable proofs of residency at the Recreation Administration Office. Hours are weekdays 9am-5pm, Saturdays 9am-noon .

#### **Recreation ID Card Fees:**

Adult (18 and older)Initial\$11Renewal \$9Youth (5 to 17)Initial\$7Renewal \$6Senior CitizensLifetime Ages 70 and Older \$10

**Lost Card** Replacement Fee \$11

**Acceptable Proofs of Residency: Adult:** Driver's license photo ID, utility bills, lease or cancelled checks. **Youth:** School ID card, library card, driver's permit or license. Youth without photo ID must be accompanied by a parent. A resident is a person who lives in the City of White Plains. Owning property in White Plains does not necessarily qualify a person as a resident.

Most program sites are handicapped accessible. Call the Recreation Office at 422-1336 if you need information. Programs are normally not held during regular school vacations and legal holidays. Check with instructors for exact dates.

Notice: The Department of Recreation & Parks reserves the right to cancel a program or adjust fees prior to actual starting date.

**Scholarships:** It is the intention of the City that no youth be denied the ability to participate in programs because of an inability to pay. Partial scholarships are available for youth programs to eligible White Plains families upon proof of income. Federal Income Tax Form 1040 must accompany scholarship applications which are available at the Recreation Administration Office at 85 Gedney Way.

#### **Volunteers Needed!**

To maintain the quality and quantity of programs offered to our residents, we are always looking to increase the number of our White Plains Recreation Volunteers. If you would like to volunteer as a coach, at our Senior Citizens Center, or Special Recreation Program, call our Volunteer Coordinator at 422-1336. A very special thank you to all our volunteers.

#### Picnic Pak Block Party Package

When planning a neighborhood block party, family group picnic, barbecue or special event, contact Recreation & Parks to enhance your affair with a free loan of equipment of volleyball & badminton sets, tug-of-war rope and horse shoes.

## **Informacion de Inscripcion**

#### **COMO INSCRIBIRSE**

Todas las inscripciones deben ser hechas en persona y seran aceptadas en el orden en que son recibidas. EL CUPO DE CLASES ES LIMITADO, ASI QUE INSCRIBASE TEMPRANO.

La inscripcion para la mayoria de programas se llevara a cabo en la Oficina Administrativa de Recreo en el 85 Gedney Way de Lunes a Viernes de 9 am a 5 pm y los sabados de 9 am a 1 pm.

Todos los programas son para los residentes de White Plains a no ser que se indique de otra manera. A todos los que se inscriben, tanto jovenes como adultos, se les requiere proveer prueba de donde residen. Como una conveniencia para todos los residentes de White Plains el Departamento de Parques y Recreo esta ahora aceptando tarjetas de credito (VISA, Master Card, or American Express o tarjeta de debito) como metodo de pago para inscripciones en los programas. Se cobraran \$20 por cualquier cheque devuelto.

#### **BECAS**

La intencion de la Ciudad es que ningun residente se le niegue la oportunidad de participar en estos programas porque no puedan pagar. Existen becas parciales, las cuales estan disponibles para familias elegibles que presenten prueba de Ingresos. El income Tax Federal (formulario 1040) debe acompañar la solicitud. Las solicitudes estan disponibles en la Oficina Administrativa de Recreo en el 85 Gedney Way. La mayoria de lugares donde se llevan a cabo los programas son accesibles a las personas incapacitadas. Llame a la Oficina de recreo al 422-1336 si usted necesita informacion especifica.

**POLIZA DE DEVOLUCION** Solamente se hacen devoluciones por las siguiente razones:

- Si la clase o programa es cancelado por el departamento de Recreo se devolvera todo el dinero.
- Si pide una devolucion debido a enfermedad o accidente debe hacerlo por escrito y la peticion debe estar acompanada de una nota del doctor. La devolucion se dara de acuerdo a la fecha en que se reciba y se anadira un cargo del 10 %.

#### POLIZA DE CANCELACION

En caso de nieve o teimpo inclemente se anunciaran las cancelaciones en la linea especial del Departamento de Recreo al 422-1338, y en la estacion de radio WHUD-FM (100.7).

#### **SEGURO**

La Ciudad de White Plains no provee seguro de accidente a los participantes. Se recomienda que los participantes obtengan tal seguro para protegerse a si mismos y a sus ninos.

#### TARJETA DE IDENTIFICACION DE RECREO

Las tarjetas de identificacion para residentes se otorgan anualmente. La tarjeta puede ser obtenida en persona al presentar dos pruebas aceptables de residencia en la Oficina administrativa de Recreo.

ENVEJECIENTE \$10

De Porvida 70 Añosomas

REEMPLAZO TARJETA PERDIDA \$11

#### PRUEBAS ACEPTABLES DE RESIDENCIA

ADULTO: Tarjeta de Identificacion de Recreo, licencia de manejo, cuentas de servicio, contrato de renta o cheques de renta cancelados.

JOVENES: Tarjetas de Identificacion escolar, permiso de manejo o licencia. Los jovenes que no tengan identificacion con foto deben ser acompanados por sus padres.

Todos los programas, a menos que se indique de otra manera, no estan en session los dias festivos escolares y nacionales. Cheque con los instructores para informarse de las fechas exactas.

PARA MAS INFORMACION POR FAVOR LLAME AL 422-1336

POR CANCELACION DE ACTIVIDADES LLAME AL 422-1302

www.cityofwhiteplains.com

## **2013 CITY OF WHITE PLAINS RECREATION AND PARKS MISSION STATEMENT:**

The mission of the City of White Plains Recreation and Parks Department is to enhance the quality of life by providing recreational opportunities through safe, well-organized and affordable programs and facilities; and to maintain a comprehensive network of parks, trails and open spaces that promotes the mental, physical and social well being of our residents.

#### **White Plains Recreation & Parks Alerts**

Receive important information regarding recreation activities, weather related cancellations and game postponements by registering for RecAlerts. RecAlerts are reliable and free. There is no spam, no hidden cost; you receive messages as part of your cell phone text messaging plan (standard text messaging rates apply). To register for RecAlert Text messages: Using your cell phone, text "RecAlert" to 888777.

**Programs for Little Ones** 

#### **Programs for Little Ones**

### **LEAPSMART "Freedom to learn, Confidence to grow, and Life skills"**

### Drum "n" Play

NEW PROGRAM

Children enjoy great activities such as: "Copy Cat", "The drum circle of life", "Write a song", and "Make a Shaker". Children will learn about rhythm, sounds, dynamics, musical styles and lots more! Kids will even get to record their own song on a CD! This class is a great way for your kids to turn noise into learning and fun!

**Age Group:** Grade Pre K - K

**Day/Time:** Tuesday, Begins April 16, 2:30 – 3:15pm, 8 classes

**Location:** Gillie Recreation Room

**Registration:** Ongoing at the Recreation Office

**Fee:** \$115 Make checks payable to LeapSmart

## **Rock & Roll Yoga**



Great music and cool moves give learning yoga a new twist! Kids will learn the snake, the turtle and more while dancing with their friends to the music they love. Featuring an assortment of colorful props, inspiring games as well as LeapSmart's signature Yoga Cards, the class will encourage kids to get stronger, more flexible, improve balance and body control, as they move to their favorite kid friendly music.

**Age Group:** Grade Pre K - K

**Day/Time:** Monday, Begins April 15, 3 – 3:45pm, 8 classes

NO CLASS 5/27

**Location:** Gillie Recreation Room

**Registration:** Ongoing at the Recreation Office

**Fee:** \$115 Make checks payable to LeapSmart

### **Superstar Tumblers**



A gymnastic class for especially for preschoolers! Your children will learn basic gymnastic skills, progressions, circuits and vocabulary while improving their strength, flexibility, balance, coordination and confidence. Children also will practice important listening and safety skills while working on a variety of exciting preschool gymnastics equipment.

**Age Group:** Grade Pre K - K

**Day/Time:** Monday, Begins April 15, 4 - 4:45pm, 8 classes

NO CLASS 5/27

**Location:** Gillie Recreation Room

Registration: Ongoing at the Recreation Office
Fee: \$115 Make checks payable to LeapSmart

#### T-Ball Squirts Clinic



US Sports Institute will introduce your young sluggers to the exciting game of baseball! T-Ball Squirts focuses on the fundamental skills of the game; including hitting, throwing, catching and running the bases. Our progressive T-Ball curriculum enables each child to develop their skills, and understanding of the game. Using safe and developmentally appropriate equipment, core components of T-Ball are learned through a series of fun games and activities designed to reinforce fundamental skills whilst incorporating realistic game situations.

**Age Group:** Grade Pre K - K

**Day/Time:** Wednesday, Begins April 17, 12:45 – 1:45pm, 7 classes

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office

**Fee:** \$110 Checks payable to US Sports Institute

#### **Programs for Little Ones**

### Let's Have a Ball at the Playground

Parents/Caregivers bring your children to our FREE 4 week playground program. Children will have a great time interacting with other children, playing a variety of ball games, music activities, and play ground games in a safe, fun, and social environment.

Parents must remain with their children during activities. This program is weather permitting.

**Age Group:** 2 - 5 Years

**Day/Time:** Tuesday and Wednesday, 9:30 - 10:30am

Tuesday, Begins July 9, 16, 23, & 30,

**Location:** Gillie Park Playground

Wednesday, Begins July 10, 17, 24, 31

Turnure Park Playground

Fee: FREE

### **Play Groups**

Parents/Caregivers bring your children to our play groups program. Enjoy a scheduled play date and share ideas with others all while having fun. Children will have a great time with you and other children their age while interacting in a variety of activities such as; singing, parachute play, creative movements, arts and crafts, and storytelling in a safe, fun, and social environment.

**Age Group:** 18 Months - 2 Years,

with Parents/Caregivers

**Day/Time:** Monday, Wednesday, or Thursday, 9:30 - 10:30am,

8 Classes per Session.

**Course #:** 111010-04: Monday, Begins April 1,

Explorers (18 Months - 2 Years)

Course #: 111010-05: Wednesday, Begins April 3,

Terrific Twos (2 Years))

Course #: 111010-06: Thursday, Begins April 4,

Terrific Twos (2 Years)

**Location:** Gillie Recreation Room

**Registration:** On going at the Recreation Office

**Fee:** \$90

## **Arts & Crafts "Sticky Fingers"**

Children will have a great time interacting with other children their age during arts and crafts activities while using a wide variety of materials in a safe, fun, and social environment.

**Age Group:** 3 - 5 Years

**Day/Time:** Monday, Begins April 1, 8 Classes per group

3 - 4 Years, with Caregiver

**Course #:** 111010-02: 12:30 - 1:15pm

4 - 5 Years, children only

Course #: 111010-03: 1:30 - 2:15pm

**Location:** Gillie Recreation Room

**Registration:** On going at the Recreation Office

**Fee:** \$90

### **Programs for Little Ones**

#### Pre - Ballet

This program will introduce, build, and enhance the experience of basic ballet positions, stretches, and basic aerobics for young dancers. Ballet shoes are necessary, but not mandatory with loose fitting clothes.

Age Group: 3 - 5 Years

 Day/Time:
 Wednesday, April 3 8 classes per group

 Course #:
 111010-08: 3 Years, 3:30 - 4:15pm

 Course #:
 111010-09: 4 - 5 Years, 4:30 - 5:15pm

**Location:** Gillie Recreation Room

**Registration:** On going at the Recreation Office,

Classes are limited to 10 participants per group

**Fee:** \$90

#### **Sport Squirts Clinic**

Introduces a variety of sports such as soccer, Tball, basketball, lacrosse, and hockey. All activities promote hand-eye coordination, movement and balance, and most importantly, FUN, FUN, FUN!

Age Group: Boys and Girls 3-5 Years
Day/Time: Wednesdays 2-3 pm
April 17, 7 classes

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office

Fee: \$110 Make Check Payable to US Sports Institute

## **Soccer Squirts Clinic**

A great way to introduce young children to soccer in a format of enjoyable games. This program involves soccer-based activities, promotes the development of motor skills, encourages group interaction, and is an excellent form of exercise.

**Age Group:** Grades Pre K-K

**Day/Time:** Wednesday, April 17, 3:15 - 4:15 pm 7 classes

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office.

Fee: \$110 Ma

#### **Soccer Pre Kicks**

Our NEW Pre Kicks Soccer program will introduce preschool children to the basic fundamentals of soccer. This program offers instruction geared to introduce and build your child's soccer experience. Soccer cleats, shin guards, and athletic clothing are recommended.

**VOLUNTEER COACHES NEEDED.** 

**Age Group:** Pre K

**Day/Time:** Saturday, Begins April 13, 9 - 10am,

6 Sessions No Session on 5/25

Course #: 120510-10

**Location:** George Washington School **Registration:** On going at the Recreation Office,

Deadline: April 1

Fall Registration Begins June 3.

**Fee:** \$60

#### **Programs for Youth**

### **Taiko Drumming**

Learn the technique and skill of traditional Taiko Masala drumming. Students will get an introduction to this exciting, energetic and unique drumming experience. Drums will be provided.

**Age Group:** Grades 3 - Adult

**Day/Time:** Sunday, April 7 - 8 classes.

Noon - 1pm

**Location:** Gillie Community Room, Gedney Way **Registration:** Ongoing at the Recreation Office.

**Fee:** \$110 Resident, \$130 Non-Resident. Students will

perform at the Cherry Blossom Festival, April 28

Checks made payable to Nijinoki

## Mixed Bag of Arts

This class offers children an opportunity to explore different art media and complete a variety of fun and creative projects. Bring a smock or wear old clothes.

**Age Group:** Grades 1 - 3

**Day:** Thursday, begins April 18, 8 classes **Time:** Grades 1 - 3 4:15 - 5:15 pm

Course #: 123010-M1
Location: Gillie Recreation Room

**Registration:** On going at the Recreation Office **Fee:** \$64, includes all supplies

## **Ballet and Tap Dance**

Our program is geared to introduce boys and girls to a variety of ballet and tap dances. Both styles of dance will be taught during classes to build, and enhance your child's dance experience of basic dance positions, stretches, and aerobics for young dancers. Ballet and Tap shoes are necessary, but not mandatory with loose fitting clothes.

Age Group: Grades K-4

 Day/Time:
 Wednesday, Begins April 3, 8 Classes

 Course #:
 111010-10: Grades K-2, 5:30 - 6:15pm

 Course #:
 111010-11: Grades 3-4, 6:30 - 7:15pm

**Location:** Gillie Recreation Room

**Registration:** On going at the Recreation Office,

Classes are limited to 12 participants per group

**Fee:** \$90

## **Back-to-School Video Dance Party**

DJ rocks Delfino Park, as we celebrate fall, friends and back-to-school!

Age Group: Grades 7 & 8
Day/Time: Friday, September 6

7:30 - 10pm

**Location:** Ebersole Ice Rink **Registration:** Must have school ID card.

**Fee:** \$8

#### **Programs for Youth**

## **Back-to-School 6th Grade Dance Party**

Meet new people, test your skills at Volleyball, play music games, sing, dance, inflatable obstacle course.

**Age Group:** Grade 6

**Day/Time:** Friday, September 20

7 - 9:30pm

**Location:** Ebersole Ice Rink **Registration:** Must have school ID card.

**Fee:** \$8

## **Basketball Youth Summer League**

Rebound from a hectic school year by dribbling your way to a summer filled with basketball fun.

**Age Group:** Grades 3 - 10 **Location:** Kittrell Park

**Day/Time:** July 1 - August 2 No Games 7/4 & 7/5

Weekday evenings, 6 - 9pm

Course #: 120310-01: Entering grades 3/4
Course #: 120310-02: Entering grades 5/6
Course #: 120310-03: Entering grades 7/8
Course #: 120310-04: Entering grades 9/10
Registration: Forms available at the Recreation Office.

**Fee:** FREE - Residents only.



## **Basketball High School League**

Annual summer outdoor High School Basketball League. This competitive league is open to resident and nonresident teams, and will feature top-notch players. All team representatives MUST attend an organizational meeting on Thursday, May 16, at 6pm at Gardella Park Pavilion, and present proof of birth (Copy of School ID and/or, Birth Certificate) for each player at time of team registration. For further information and details, please contact George L. Price at 422-1347.

**Age Group:** Grades 9 - 12 and 2013 Graduating Seniors

Day/Time: Begins July 1 - August 11
Games Dates: Mondays & Wednesday Evenings

Championship Game Sunday, August 11 Games Times: 6:15, 7:15, & 8:15pm

Course: 120310 - 01

**Location:** Gardella Park, Ferris Avenue

**Registration:** By Team ONLY. Sponsorship encouraged

**Fee:** Cash or Money Order ONLY.

Resident: \$250.00 Non- Resident: \$400.00

#### **Programs for Youth**

### Cheerleading

Learn the fundamentals and techniques of cheerleading. Learn what it takes to inspire your team.

**Age Group:** Grades 1 - 4

**Day/Time:** Thursday, April 11 - May 16, 6 classes 6-7pm

Course #: 124410-T1
Location: Ridgeway School Gym

**Registration:** Ongoing at the Recreation Office.

Fee:



## **Pop Warner Football: Tackle & Cheer League**

This organization plays a full competitive season, travels, playoffs and regional bowl games. To be a volunteer football/cheer coach, or to receive a registration packet, email <a href="https://www.leaguelineup.com/wpwytl">www.leaguelineup.com/wpwytl</a>.

**Age Group:** 5 - 13 Years (by July 31) **Day/Time:** Season starts August 1

**Registration:** Applications available at the Recreation Office.

#### **Golf, Junior Tournament**

9 Holes of golf, some golf course experience beneficial.

**Age Group:** Grades 5-11

**Day/Time:** Wednesday, June 26 1pm, Shotgun Start

Course #: 122910-03 Location: Mosholu Golf Course

2013 Spring and Summer Programs

**Registration:** Ongoing at the Recreation Office.

**Fee:** \$25 – includes green fees, hot dog and drink.

\*Parent chaperones are welcome!



### **Programs for Youth**

### **Junior Golf Road Trip**

Experienced young golfers are invited to participate in a very unique summer week long golfing experience. The week of July 8th, golfers will tour area clubs, meet the pros and golf on some of Westchester's finest courses. \*\*Transportation to clubs must be provided by the registrants family. Fee includes 1 day of lessons from a pro.

Age Group:Grades 6-12Day/Time:July 8-12

Time TBD **122910-04** 

Location:Various Local Golf ClubsRegistration:Ongoing, Maximum 12 golfersFee:\$200.00/ Green fees may be extra

\* Each participant must be evaluated by instructor Scott Myers. Call 422-1336 for information

#### **Piano Music Education**



The Rhodes award winning system is not just any piano teaching system. It uses proprietary, visual tools that make the basic concepts of music easy to understand. Rhodes certified instructors have students playing real music-with both hands-in no time. Students learn music they actually want to play. Includes popular, classical and improvisational music-all styles! Classroom Keyboards and all materials are included in the registration fee.

Open house Scheduled for Wednesday March 20 @ 7PM at the Community Center

**Age Group:** Grades 1-8

**Day/Time:** Session I Begins April 3-8 classes

Session II Begins May 29 (No Class 6/19&7/3)

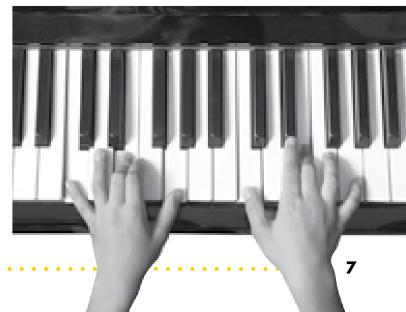
8 classes

Wednesday Grades 1-4, 4-5pm, Grades 5-8,

5:15-6:15pm

**Location:** Community Center 65 Mitchell Place **Registration:** Ongoing at the Recreation Office

**Fee:** \$220 per session make checks payable to Rhodes



#### Golf

#### TGA Enrichment



TGA is bringing the golf course and tennis to Delfino Park. Our education based golf and tennis enrichment programs are designed to empower students with the tools to be successful on the course, on the court and in life. TGA provides all equipment that is specially designed for youth of all ages and abilities so students just need to come to class ready to move and have lots of fun!

#### **Golf Instruction TGA**

Age Group: Grade Pre K - 4

Day/Time: Monday, Begins April 15, 6 classes

**NO CLASS 5/27** 

Pre K - 1, 5:30-6:30pm 2 - 4, 6:45-7:45pm

Location: Delfino Park

Registration: Ongoing at the Recreation Office Fee: \$110 Checks made payable to TGA

#### **Tennis Instruction TGA**

Age Group: Grade Pre K - 4

Day/Time: Tuesday, Begins April 16, 6 classes

> Pre K - 1, 5:30-6:30pm 2 - 4, 6:45-7:45pm

Location: Delfino Park

Registration: Ongoing at the Recreation Office Fee: \$110 Checks made payable to TGA

## FIELD HOCKEY CLINIC TAG Sports Club, INC



Learn the basics of Field Hockey in a non-competitive program. Participants will learn the history of the game, rules, dribbling, ball handling, speed/agility, stick skills, offensive/ defensive play, corner skills, equipment usage, stroke skills, and play in scrimmage games. Perfect for players considering modified, middle school and JV play. Players will need to provide sticks, shin guards, mouth guards, and goggles.

Age Group: Girls, Grade 5 - 8

Day/Time: Monday + Wednesday, Begins June 24, 6-7pm,

12 clinics

Location: Highlands Middle School Turf Field Registration: Ongoing at the Recreation Office.

Fee: \$175 Checks payable to TAG Sports Club, Inc.



#### Soccer

### **Westchester Futsal Soccer Clinic**



Children will learn the fundamental elements of soccer through a carefully structured program of activities and fun based games designed to capture a child's imagination and develop their motor skills. Each day our professional trainers will cover a different theme and skills to keep the players immersed in a world of soccer.

Age Group: Grade Pre K - 9

Day/Time: Session 1: Monday & Tuesday & Friday March 25,

26 & 29 9am - 3pm

Location: George Washington Elementary School Fields

Registration: Ongoing at the Recreation Office.

Fee: \$150 Checks Payable to Adrian Rodriguez

#### **Soccer Little Kicks**

Our Little Kicks Soccer program will introduce youngsters to the basic fundamentals of soccer. This program offers instruction geared to build and enhance your child's soccer experience. Soccer cleats, shin guards, and athletic clothing are recommended. **VOLUNTEER COACHES NEEDED.** 

Age Group: Grades K-1

Day/Time: Saturday, Begins April 13, 6 Sessions

> Grade-K 10:15-11:15am Grade-1 11:30-12:30pm No Session on 5/25

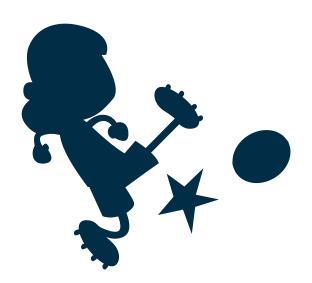
Course #: 120510-01

Location: George Washington School

Registration: On going at the Recreation Office,

Deadline: Saturday, April 1 Fall Registration Begins June 3.

Fee: \$60



#### Soccer

### **Soccer Spring League**

Parents/Caregivers sign your children up for our Annual Soccer Leagues for boys and girls, 2nd - 7th Graders. Children will have a great time competing and interacting with and against other kids in their grades in a safe, fun, and social environment. Teams will practice once per week. **VOLUNTEER COACHES NEEDED.** 

**Age Group:** Grades 2 - 7

**Day/Time:** Saturday, Begins April 20, 7 Sessions

No Session on 5/25

Practices: Monday - Friday, starting at 5pm at George

Washington School Field **Game Times:** 12:30 - 3pm

Course #: 120510-02: 2nd Graders
Course #: 120510-03: 3rd Graders
Course #: 120510-04: 4th Graders
Course #: 120510-05: 5th Graders
Course #: 120510-06: 6th Graders
Course #: 120510-07: 7th Graders

**Location:** George Washington School (Grades 2 - 4)

Saxon Woods Field (Grades 5 - 7) Games start 9am @ Saxon Woods

**Registration:** On going at the Recreation Office,

**Deadline:** April 1

Fall Registration Begins June 3

**Fee:** \$60

## **Soccer Sunday Clinic**

Our Sunday Soccer Clinic and Scrimmage program is geared to build and enhance your child's soccer skills and experience, and prepare them to play in games. This program provides kids the opportunity to demonstrate their skills in a non-competitive scrimmage game. Soccer cleats, shin guards, and athletic clothing are recommended.

#### **VOLUNTEER COACHES NEEDED.**

**Age Group:** Grades K - 7

**Day/Time:** Sunday, Begins April 21, 6 Sessions

No Session on 5/26

**Course #:** 120510-08: Grades K - 3, 10:15- 11:15am **Course #:** 120510-09: Grades 4 - 7, 11:30- 12:30pm

**Location:** Ralph Avenue Field

**Registration:** On going at the Recreation Office,

**Deadline:** Saturday, April 1 **Fall** Registration Begins June 3

**Fee:** \$60

### **Soccer, White Plains Youth – Travel**

Boys and Girls, born between 12/31/04 and 8/1/05 and in 2nd grade or older contact White Plains Youth Soccer. Registration closes on April 16 for the spring season. Openings on current teams may be limited depending on age group. For further information contact: Girls – Ken Schlinger at 686-9871 (<a href="mailto:luckyjam2@aol.com">luckyjam2@aol.com</a>) Boys – Charlie Norris at 681-0131 (<a href="mailto:knoti@aol.com">knoti@aol.com</a>). Or e-mail us at our website: www.wpys.org. Scholarships are available.

#### **Programs for Youth**

### **Lacrosse Association, White Plains**

This program, for Grades 2 - 8, teaches beginners and young players basic skills necessary to play in competitive games. March thru June at the WPHS. Applications available at the Recreation Office. Scholarships are available. For more information call Alex Trapp at 448-3065.

## WESTCHESTER FASHION ACADEMY FOR CHILDREN

With special collaboration with the Recreation & Parks Department

### **Fashion Sketching**

Designers will learn how to properly sketch the face, hands, hair, and many garments such as necklines, sleeves, jeans, tops, dresses, and gowns. Participants will have a fashion show at the end of the session.

**Age Group:** Grade 4 - 12

**Day/Time:** Wednesday, Begins April 10, 5:30-6:30pm, 8 classes

**Location:** Westchester Fashion Academy Studio

(WFAC- 31 Mamaroneck Ave)

**Registration:** On going at the Recreation Office, **Fee:** \$130 Checks payable to WFAC

## **Fashion Sewing**

Participants will learn the different parts of the sewing machine and how to trouble shoot. They will create the different basic and designer stitches. Each week, students will work on a different technique to be chronicled in a fashion note book. Participants will have a fashion show at the end of the session.

**Age Group:** Grade 4 - 12

**Day/Time:** Wednesday, Begins April 10, 7-8:30pm, 8 classes

**Location:** Westchester Fashion Academy Studio

(WFAC- 31 Mamaroneck Ave)

**Registration:** On going at the Recreation Office, **Fee:** \$130 Checks payable to WFAC

#### **Graffiti Fashion**



Learn how the graffiti artists create art. Instead of the walls, you will become part of the challenge and paint, airbrush, and design our graffiti on fabric then cut and sew them into our garments! Must have some knowledge of sewing, if not, then you may create the masterpiece and put it on your walls, just make sure it is in a frame!

**Age Group:** Grade 4 - 12

**Day/Time:** Thursday, Begins April 11, 6-7:30pm, 8 classes

**Location:** Gillie Recreation Room

**Registration:** On going at the Recreation Office, **Fee:** \$130 Checks payable to WFAC

**Special Note:** Participants must bring white twin size sheets for class

(1 per child)

#### **Swimming**

#### **Swim Instruction Parent/Tot**

Looking for a program to introduce and aid in your child's adjustment to aquatics. Our program offers parents the opportunity to encourage and guide their children in a well-organized aquatics setting. Parents accompany their child in all aquatic activities designed by our certified aquatics instructor and lifequards.

**Age Group:** 2 - 4 Years, with Parents/Caregivers

**Day/Time:** Tuesday, Begins April 9, 6:00 - 6:30pm 8 Sessions

Course: 110110-T1

**Day/Time:** Saturday, Begins April 13, 8 Session.

No Session on 5/25

**Course:** 110110-S5: 3 - 4 Years, 12:00 - 12:30pm

110110-S6: 2 - 3 Years, 12:45 - 1:15pm

**Location:** White Plains High School Pool **Registration:** On going at the Recreation Office,

Sessions are limited to 16 participants

**Fee:** \$90

## Life Guard Certification Class (American Red Cross Certification)

This course is designed for first time life guard students that want to become a certified Life Guard. Certification curriculum includes safety procedures, surveillance, aquatic management & rescue procedures, and CPR for professional rescuer. Program will take place at White Plains High School Pool.

**Age Group:** 15 Years - Adult

**Day/Time:** Friday, March 22, 6 - 9pm

Monday, Tuesday & Friday, March 25, 26 & 29,

9am - 4pm

Course: 130110-01

**Location:** White Plains High School Pool

**Registration:** On going at the Recreation and Parks Department.

Deadline, Friday, March 15

**Fee:** \$350 for Resident & \$375 for Non-Residents.

All materials will be provided.

## **Swim FREE Family FUN**

Looking for a FREE family oriented FUN activity for Friday nights? Tell your neighbors, friends, and relatives to join you at our Swim FREE Family FUN program for ages 3 and older, No Swim Diapers Allowed. Each participant MUST have a NEW Recreation ID Card to participate.

**Age Group:** Grades Pre K - Adultt

**Day/Time:** Friday, Begins April 5 - May 17, 7 - 9pm

**Location:** White Plains High School Pool **Registration:** On going at the Recreation Office,

Children under 13 must be accompanied by an

adult. No Swim Diapers Allowed

**Fee:** FREE - New Recreation and Parks ID Required

#### **Swimming**

#### **Swim Instruction**

Looking for a safe program for your child to learn basic water safety skills, introduce and acclimation to aquatics environment, and fundamentals of swimming. Class are scheduled for Tuesday evenings, classes are limited to 15 participants. All participants will be tested and designated a level during their first class from non-swimmers to experienced. All curriculum is designed by our certified aquatics instructor.

**Age Group:** Grades 1 - 8.

 Day/Time:
 Tuesday, Begins April 9, 8 Sessions

 Course:
 120110-T2: 6:45 - 7:30pm

 Course:
 120110-T3: 7:45 - 8:30pm

**Day/Time:** Saturday, Begins April 13, 8 Sessions

No Session on 5/25

 Course:
 120110-S3: 9:00 - 9:45am

 Course:
 120110-S2: 10:00 - 10:45am

 Course:
 120110-S1: 11:00 - 11:45am

 Location:
 White Plains High School Pool

**Registration:** On going at the Recreation Office, Sessions are

limited to 15 participants

**Fee:** \$90

### Splash n' Swim

Children will learn basic water safety skills, orientation to aquatic environment and fundamentals of swimming.

**Age Group:** Grades K-6

**Day/Time:** Saturday, July 6 - August 10, 6 classes

(Gardella Pool)

**Course:** 120110-G1: 11:30 - 12:15pm Gardella Pool

**120110-K1:** Kittrell Pool

**Course #:** 120110-G2: 12:30 - 1:15pm Gardella Pool

**120110-K2:** Kittrell Pool

**Registration:** Ongoing at the Recreation Office.

Classes are limited to 15 participants.

**Fee:** \$30

#### **Recreation Buddies**

The City of White Plains is committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation in our youth programs, call Sia Tofano, Special Recreation Director at 422-1423...

## **Youth Programs**

# **Adult Programs**

#### **Tennis**

### **Tennis Youth Spring Instruction**

USA Tennis 1-2-3 is an entry level, fun-filled instructional program that helps the beginner quickly learn basic skills. Get a good workout with instruction from our expert instructors.

**Age Group:** Grades 1-9 **Day/Time:** Weekdays, 5 - 6pm

Monday, May 20 - 4 classes, no class 5/27

**Course #:** 121210-01: Grades K-1

Tuesday, May 21 - 4 classes

Course #: 121210-02: Grades 2-3

Wednesday, May 22 - 4 classes

**Course #: 121210-03:** Grades 4-5

Thursday, May 23 - 4 classes

**Course #:** 121210-04: Grades 6-9

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office.

Class is limited to 12 students.

**Fee:** \$85 Must bring your own racquet

#### **Tennis Youth Summer Instruction**

Instructional clinic where participants will sharpen and learn new skills.

**Age Group:** Grades 1-7

**Day/Time:** Tuesday, July 9 - 4 classes

5 - 6pm

Course #: 121210-06
Location: Delfino Park

**Registration:** Ongoing at the Recreation Office.

**Fee:** \$85

#### **Track & Field**

Learn the basics of track & field. This non-competitive recreational program will introduce participants to the skills necessary for a lifetime of enjoyment, strength training and health from running.

**Age Group:** Grades 4-7

**Day/Time:** Tuesday & Thursday, April 16 - 8 classes.

Course #: 121110

**Location:** Highlands Middle School Track **Registration:** Ongoing at the Recreation Office.

**Fee:** \$64

## **Sports Celebration 2013**

Join us for a spectacular evening, as we honor all youth athletes who participated in our sports programs during this past year.

**Age Group:** Soccer, Basketball, and Special Needs Youth Sports

Participants and Coaches.

**Day/Time:** Thursday, June 6, 6:30 - 8:30pm

**Location:** Delfino Park, Lake Street

FREE - Hosted by Outback Steakhouse

Sports Awards - 7:30pm

#### **Sports Leagues**

#### **Rugby Football**

We are looking for athletes from many sports to experience and join in a "sport for life". Practices begin late February. Contact Ed Burrell, 914-428-7928, ed.burrell@wprfc.org, Website: www.wprfc.org

#### Softball, Co-Ed League

The Recreation and Parks Department is glad to announce its terrific co-ed softball league. There will be an organizational meeting on Wednesday March 20, 6 pm at the Gillie Recreation Room. Please contact Frank Magaletta, Recreation Supervisor at 422 - 1343 for further details.

Age Group: 18 & Over

**Day/Time:** Weekday nights, May - September

Course #: 140210-05

Location: Gillie Field 2 / Delfino Park
Registration: Ongoing at the Recreation Office
Fee: Residential Entry: \$1375

Non-Resident: \$1900

### Softball, Men's and Womens League

Slow pitch - Residential and Industrial League play for all levels of competition.

**Age Group:** 18 & Over

**Day/Time:** Games are weekdays, April - September

5:45 - 11pm (Field with lights.)

**Location:** Delfino Park

**Registration:** Organizational meeting Wednesday March 20,

Gillie Recreation Room, Women meet @ 5:45 Men

meet @ 6:30

Fee: Residential Entry: Men \$1000, Women \$600.00

Industrial Entry: Men \$1500, Women \$850.00

Non-Resident Entry: \$1900

## **Outdoor Basketball League**

This competitive league is NCAA-certified and will feature top-notch players. New team tryouts will be held prior to May 10. Call to schedule a day before May 1st. All team representatives MUST attend organizational meeting to be held on Thursday, May 16, at 7pm at the Gardella Park Pavilion. Call George Price at 422-1347.

**Age Group:** 18 & Older

**Day/Time:** Begins June 18 - August 11

Game Dates: Sunday, Tuesday, & Thursday Evenings

Championship Game Sunday, August 11

**Games Times:** 6:15, 7:15, & 8:15pm **Course #:** 140310 - 01

**Location:** Gardella Park, Ferris Avenue

**Registration:** By Team ONLY.

**Tryout Location:** Highland Middle School

Fee: \$775 per team - Cash or Money Order ONLY.

Retuning & New Teams Fee are Due before May 10

# **Adult Programs**

#### **Adult Programs**

### **Community Gardens**

Vegetable & flower plots available to residents. Registration required.

**Age Group:** 18 & Older

**Day/Time:** Monday - Sunday, March 15 - November 15

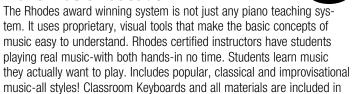
Course #: 142710

**Location:** Baldwin Farm and/or NY Hospital

**Registration:** Interested gardeners should call 422-1336.

**Fee:** \$35

#### **Piano Music Education**



the registration fee. Open house Scheduled for Wednesday March 20

@ 7PM at the Community Center.

**Age Group:** Grades 9-Adult **Day/Time:** Wednesday, 7-8pm

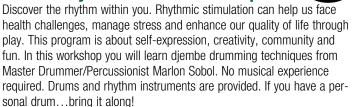
Session I Begins April 3-8 classes

Session II Begins May 29 (No Class 6/19&7/3) 8 classes

**Location:** Community Center 65 Mitchell Place **Registration:** Ongoing at the Recreation Office

**Fee:** \$220 per session make checks payable to Rhodes

## **Community Drum Circle Workshop**



**Age Group:** 16 & Older

**Day/Time:** Wednesday, Begins April 24

(no group 5/15) 7 - 8 pm (6wks.)

Course #: 145510-01

Location:Ebersole Ice Rink/Delfino ParkRegistration:Ongoing at the Recreation OfficeFee:Resident \$78, Non-Resident \$96

#### **Tai Chi Instruction**

Maintain your balance, flexibility, strength and concentration through this ancient form of exercise.

**Age Group:** 18 & Over **Day/Time:** Monday, 7 – 8pm

**Course #:** 144310-T1 Begins April 15 (No class 5/27) (8 wks.)

Course #: 144310-T2 Begins July 8 (6 wks.))
Location: Community Center 65 Mitchell Place
Registration: Ongoing at the Recreation Office

Fee: (8 wks) Resident \$104, Non-Resident \$128

(6 wks) Resident \$78, Non-Resident \$96

#### **Adult Programs**

### **Outdoor Gentle Yoga**

Start you weekend off with an hour of relaxation, to connect with nature, quiet your mind and strengthen your body. This a gentle beginners Hatha Yoga class. All levels are welcome. Bring your own mat.

**Age Group:** 18 & Over

**Day/Time:** Saturday Begins April 20

(no class 5/25) 9 – 10 am (8 wks.)

Course #: 142310-01

**Location:** Liberty Park, (in case of inclement weather program

will be held at the Community Center, 65 Mitchell Place)

Fee: Resident \$104, Non-Resident \$128

#### **Bicycle Maintenance & Cycling as a Sport**

FREE introductory bicycle class on maintenance and cycling. This class will teach you how to perform important basic tasks to care for your bicycle, and introduce you to the sport of cycling. **All participants must bring their bike.** Program supported by the Westchester Cycle Club

Age Group: Youth - Adult (Limit 20 participants)

Day/Time: Wednesday, April 24, 7pm, (1 Day ONLY.)

Course #: 155810

**Location:** Ebersole Ice Rink, Lake Street (Indoor Warming Room) **Registration:** On going at the Recreation and Parks Department.

Fee: FREE

#### **Bike Lanes in White Plains**

The bike loop encompasses the city area along Lexington Avenue, Martin Luther King Blvd. and Water Street. The bike lane route is both a commuter and recreational route connecting residents from the more suburban sections of White Plains to the down- town, train station and Bronx River Pathway. Riders are recommended to follow safety precautions that include, but are not limited to, obeying traffic signals, riding with traffic, wearing light-colored clothing and hel- mets, and utilizing hand-signals. A Bike Lane Map can be viewed at cityofwhiteplains.com T-shirts with the I Bike WP logo can be purchased for \$20 from the White Plains BID. Call (914) 328-5166 for more information.

## **Biking for Fun**



The Westchester Cycle-Club will present a series of classes that are great for anyone who is considering bicycling, or an individual who wants to learn how to bicycle more safely. Gain familiarity with the rules of the road and cycle your way into the summer. These classes are a great way to familiarize you and help you and your family feel comfortable bicycling in White Plains. no experience is needed and the classes are free and open to anyone ages 12 years or older. Following each class presentation there will be a Family Fun Ride on the White Plains Bike Lanes. Be sure to bring your bike and helmet!

**Age Group:** 12 & Older

**Day/Time:** Sunday, May 19, 9am— Rules of the Road

Sunday, June 16, 9am - Proper Biking Equipment

**Location:** White Plains Train Station Parking Lot **Registration:** Pre-registration required. 422.1336

Fee: FREE

# **Adult Programs**

#### **Adult Programs**

#### **Pilates Fusion**

Join a dynamic class that uses sliding discs, resistance bands, small sponge balls and hand weights. This class transforms traditional Pilate moves into a full workout by training every muscle in your body. Activate core muscle groups, improve balance, coordination and enhance your cardiovascular system. Great for all levels of fitness!

**Age Group:** 18 & Older

**Day/Time:** Thursday, 7 - 8 pm

Course #: 145310-01: begins April 18, 12 classes Location: Armory Plaza, Community Cntr Entrance,

65 Mitchell Place

**Fee:** \$156 Resident \$192 Non-Resident

### **White Plains Hospital 50+ Lecture Series**

Once a month learn from top notch health professionals on how to stay healthy after the age of 50. Learn how to enhance your energy levels and improve your physical, cognitive and emotional health to live life to the fullest!

**Day/Time:** Thursday, 5-6pm

Dates: April 18, May 16, June 20,

Topics to be announced

**Location:** Armory Plaza, Community Center Entrance

65 Mitchel Pl

**Registration:** Call 422-1423 to register

Fee: FREE

## **Tennis Adult Spring**

USA Tennis instruction program designed for all levels of tennis players. Learn the basics or improve your game.

**Age Group:** 18 & Older

Day/Time: Monday, May 20, 4 classes no classes 5/27

**Course #:** 141210-01: 6 - 7:30pm

Tuesday, May 21, 4 classes

**Course #:** 141210-02: 6 - 7:30pm

Wednesday, May 22, 4 classes

**Course #: 141210-03:** 6 - 7:30pm

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office.

Class sizes limited.

**Fee:** \$125 Resident

#### **Tennis Programs**

#### **Tennis Adult Summer Clinic**

Instructional Program

**Age Group:** 18 & Older

**Day/Time:** Tuesday, July 9, 4 classes **Course #: 141210-06:** 6 - 7:30pm

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office. Class is limited to 12 participants.

**Fee:** \$125 Resident,

#### **Tennis Mixer**

Meet new people, make new partners on this fun, competitive play evening.

**Day/Time:** Saturday, June 22

6:30-8:30pm

**Location:** Gillie Courts, Gillie Park

**Registration:** Available at the Recreation Office May 6

Based on court availability

Fee: \$10 per event



## **Fall Tournament-Singles & Doubles**

**Age Group:** 16 & Older

**Day/Time:** Saturday, September 21 **Location:** Gillie Tennis Courts, Gillie Park

**Registration:** Available August 1 at the Recreation Office

and Gillie Courts, when open

**Fee:** \$10 per event

#### **Tennis Court Fees**

Current Season Pass or Recreation ID required.

	Singles/Doubles	Season
Youth:	\$8	\$55
Adults:	\$10	\$120
Senior:	\$8	\$90
Guests:	\$15	\$300

Guest coupons for \$70 – good for 5 – one hour of play, redeemable at Gillie/Delfino Parks. Must be accompanied by resident. **Note: After rain, court opening time can be obtained by calling: 422-1398 (Gillie), 422-1348 (Delfino).** 

## **Park Facilities**

The City of White Plains LINEAR PARK now known as The Jack Harrington WP Greenway offers residents the opportunity to stroll the center of White Plains south side through a wooded environment. Enter this majestic trailway on Gedney Way and continue south of Ridgeway until you reach the Scarsdale boarder. for more info call 422-1336

#### **Bark Park**

Resident dogs are welcome to run around and exercise at our dog park. Located on Main Street, across from field #2 at Delfino Park, the park will be open from dawn until dusk. Included is a water fountain for dogs, a bag dispenser for cleaning up after dogs, and a waste receptacle. This park features an area exclusively for small or young dogs. All dogs are required to have a current license tag and vaccinations.

## Please watch for upcoming special events posted at the Bark Park!

#### **Delfino Park**

Located on Lake Street. This beautiful flagship park offers many exciting recreational opportunities:

**Picnic Tables and Grills:** Tables and grills are available on a first-come first-served basis. No gas grills!

**Playground, Softball Fields:** Permit required for group usage. **Platform Tennis Courts:** 3 courts available until April 1. Permit and fee required per court hour. To take part in any tennis activity, participants are required to have a current Recreation ID card. Season passes available September 7. **Supervised Har-Tru Courts:** Open May until the last Sunday in September. Permit play only. Season passes available April 16

#### 6 Lighted Har-Tru Courts Schedule, Delfino Park:

Weekdays 4pm - 9pm Weekend/Holiday: 8am - 1pm. OPens June 24

\* Ebersole Ice Rink now available for off season rental. Call 422-1363 for more info.

#### Gillie Park

This very active multi-use flagship park offers residents a variety of recreational opportunities. The park is located on the corner of Mamaroneck Avenue and Gedney Way. The beautiful stone building at 85 Gedney Way houses our **Recreation Administration Offices** where you can register for our programs. Additionally, Gillie Park has a **Basketball Play Area**, **Tot-Playground**, **Recreation Room**, **Softball and Baseball Fields** (permit required for group usage).

**Tennis Courts:** To take part in any tennis activity, participants are required to have a current Recreation ID Card. Season passes available April 16. **Supervised Har-Tru Courts:** Available May until the last Sunday in October.

#### 10 Lighted Har-Tru Courts Schedule, Gillie Park:

Monday - Friday: Spring: 9am - 9pm Summer: 9am - 10:00pm Weekend/Holiday: 8am - 6pm. Permit & fee required per court hour.

#### **Gardella & Kittrell Pools**

Pool admission is free to White Plains residents with a current Recreation ID card. Guest passes will be limited to 5 per season for each adult pass holder. Children five years and older must have a current recreation ID card for entry.

Gardella and Kittrell Pools are a wonderful way to splash away the summer days and keep cool. Residents of all ages can enjoy our pools, which are open for the season weekends June 15 & 16. Open daily: June 21 - September 1.

**New Pool Hours:** Open Every Day, Noon - 6:30pm except late evenings. **Evening Hours:** Kitrell: Wed til 7:30pm; Gardella: Thu til 7:30pm

#### Renaissance Plaza

Renaissance Plaza is located at Main Street and Mamaroneck Avenue. It features a multi-jet, fountain display with several pools. The Plaza has informal sitting areas. See Music and Theater section for special performances scheduled at the Plaza.

#### **SAXON WOODS**

Westchester County Department of Parks & Recreation and the City of White Plains have partnered to create the first ever artificial turf soccer/lacrosse field in White Plains. This facility will be permitted and maintained by the City of White Plains Recreation & Parks. For more information call 422-1343.

#### The White Plains Beautification Foundation

An All-Volunteer, Not-for-Profit 501(c)(3) Corporation Making White Plains Beautiful One Garden at a Time Since 1965

Visit us at www.wpbf.org, call 646-4858 or e-mail Debdonahoe@gmail.com
And help us make White Plains a City in the Park

## **Liberty Park**

Residents can enjoy picnicking, hiking and relaxing at our beautiful lake front park. Park is open daily from 8am til dusk.

## **Field and Facility Usage Procedures:**

A PERMIT IS REQUIRED for use of all White Plains City owned fields. Applications may be obtained at the Recreation and Parks Department Office. Fax #: 914.422.1250.

Any organization wishing to use a department facility must obtain a Certificate of Insurance which additionally insures The City of White Plains. All requests must be made in writing on letterhead to:

White Plains Recreation and Parks Department 85 Gedney Way, White Plains, NY 10605 Attn: Commissoner of Recreation and Parks

## **About the White Plains Recreation & Parks AOA Program**

The Active Older Adult Program is located at the White Plains Recreation & Parks Community Center at 65 Mitchell Place, on the first floor of the historical Armory Plaza in downtown White Plains. There are numerous multi-purpose activity rooms all on one floor. Metered parking is available on Mitchell Place or in the City Center Parking Garage located on Martine Ave and Main Street.

The White Plains Senior Café Program , Transportation and Supportive Services are partially funded through the US Department of Health and Human Services, the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services. For additional information call 422-1423

White Plains residents 60 years old and up qualify to participate in the Active Older Adult classes, programs and services. Enjoy a variety of Recreation and Leisure Activities with classes, trips and special events throughout the year. Through our Wellness Support and Lunch & Learn programs you can receive guidance and direction from health care professionals. Community Services Assistance is also available to White Plains Senior residents who may require help with various problems navigating County and other government programs. In our Lending Library you can take out some interesting books. Make sure you visit our Boutique Shop and help us to sponsor programs by donating your unused items. Lastly, our Senior Café serves a delicious, nutritious hot lunch daily from 11:30am—noon for a \$2.75 suggested contribution. Meal reservations can be made for a week at a time (24 hour reservation required), call 422-1423.

**REFUND POLICY:** For trips and events, a partial refund may be possible with trips involving lunch, otherwise there are NO refunds unless your cancellation is filled. Refunds for trips and events must be picked up within 3 months after the event/trip has commenced. There are no refunds for Center parties, luncheons and events. For any programs cancelled by the Department of Recreation & Parks Senior Program, a full refund will be issued.

#### **Center Transportation Services - For reservation call 422-1423.**

Service is available, door to door, to and from your home. Reservations can be made for a week at a time **(24 hour reservation required).** Fee is a **75¢** suggested contribution per one-way service.

Center Bus Schedule 8:30 & 10am; 1 & 3pm.

**Wednesday** Farmer's Market 9 & 10 am

The Senior Bus will pick you up and drop you off on the 9 & 10 am daily runs. The bus will pick you up from the Market and return to the Center, not your home. For a ride home you must make a reservation for the 1 pm bus leaving from the Center.

**Thursday** Doctor Appointments 8:15 – 9 am (one way drop off)

Stop & Shop and Shop Rite 9 & 10 am

To register for programs and/or services you must show proof of residency and complete a registration form. Non-residents may attend classes but will be charged a non-resident fee where specified. Registrations are accepted on a first – come – first served basis. Space availability is based on room or bus capacity. Spaces are limited, so register early! For classes, checks are payable to the City of White Plains. For trips and events, checks are payable to the White Plains Senior Advisory Board. For all programs, please use separate checks for each activity.

Cafetería: Delicioso y nutritivo almuerzo diariamente - 11:30 a.m. a 12 p.m. Contribución sugerida: \$2.75. Reservaciones con 24 horas de anticipación. Llamar al 422-1423.

Transportación: Transportación de ida y vuelta de su casa al Centro. Reservaciones con 24 horas de anticipación. Llamar al 422-1423. Donación sugerida: 75¢ por cada vía. Horario del bus: 8:30 a.m. y 10:00 a.m. (hacia el Centro); 1:00 p.m. y 3:00 p.m (regreso a casa).

Servicio de Transportación Especial:

(1 hora para hacer compras)

Jueres: Para citas médicas (una sola vía) de 8:15 a 9:00 a.m. Para ir de compras a Shop Rite and Stop & Shop – Ida y vuelta – 9:00 y 10:00 a.m.

Miércoles: Para el Mercado al aire libre (Court Street)— El bus de las 9 y 10 a.m. le recogerá en su casa y le dejará en Court Street. El bus le recogerá en Court Street y le llevará al Centro, no a su casa. Para transportación hacía su casa reserve el bus de la 1 p.m. que sale del Centro. Jueves:

Los programas de nutrición y transportación, incluyendo transportación especial del Centro para personas mayores de White Plains está financiado parcialmente através del Departamento de Salud y Servicios Humanos de Estados Unidos, la Oficina para personas mayores del estado de Nueva York y el Departamento de Programas y Servicios para personas mayores del condado de Westchester.

## Classes and leisure activities are for adult 60 years and older. All programs are held at the Recreation & Parks Community Center, 65 Mitchell Place.

#### **Classes and Leisure Activities**

### **Ceramic Bisque Painting**

Create ceramic bisque collectibles and gifts. Class limited to two pieces per season. There will be a cost for pieces selected. Pieces not completed from the previous season will be included as part of the class piece limit. Fee does include paints, glazes, brushes and tools.

Day/Time: Tuesday, 10 am – noon (8 wks.)

Session I Begins April 16 (8 wks.)

Course: 163110-B1

Fee: Resident \$25, Non-Resident \$55

### **Open Art Studio**

Explore many mediums, try on, all, or concentrate in the one medium that captures your interest. In this independent workshop environment you will explore working in graphite pencils, colored pencils, soft/oil pastels, conte crayon, clay, assemblage, collage and ink. Class supplies are provided to beginners. Intermediate to advanced students please bring your personal supplies.

**Day/Time:** Thursday, 9am— 11am

 Course:
 163110-A1 Begins April 18 (8 wks.)

 Course:
 163110-A2 Begins July 11 (6 wks.)

 Fee:
 Resident \$25 (8 wks.) / \$20 (6 wks.)

Non-Resident \$55 / \$45

#### Watercolor

Beginners and Advanced Welcome! This course is for beginners and experienced students who want to review techniques, practice technical skills, and become comfortable with how watercolor behaves. We will learn how to plan a painting, and yet relax and have fun.

**Day/Time:** Monday, Begins April 15, 10 am— Noon (8 wks.)

Course: 163110 -W1

Fee: Resident \$25, Non-Resident \$55

**Materials needed: Beginning Students:** At the time of registration, a list of materials to purchase will be available.

Advanced Students: Bring what you have.



#### Classes and Leisure Activities

### **Forever Young Singers**

Join this performance group as we learn songs which will be performed at upcoming City events and other venues. In this formal group you will learn part singing, harmonies and various vocal styles. No formal training required.

**Day/Time:** Tuesday, Begins April 23 (no class 5/27)

10 - 11:30 am

Course: 263110- F1

Fee: FREE

#### **Drum Circle**

Rhythmic stimulation can help us to face health challenges, manage stress and enhance our quality of life through play. This program is about self-expression, creativity, community and fun. No musical experience required. Drums and rhythm instruments are provided.

**Day/Time:** Friday, 10:30 – 11:30 am **Date:** April 26, May 3, May 17 (3wks.)

Fee: FREE

### **Let's Sing**

Join this informal singing group where you will sing some of your favorite songs and try out some new ones.

**Day/Time:** Friday, 10:30 – 11:30 am **Date:** May 31, June 7, June 28 (3 wks.)

Fee: FREE

## Simple & Easy Sewing

Learn to make fun and simple handmade sewn crafts or get some guidance on clothing alterations. Basic materials will be provided for craft projects or participants may bring their own material.

**Day/Time:** Friday, Begins April 19 (no class 5/10, 6/14)

10 - 11:45am (8 wks.)

Course: 263110-S1 Fee: FREE

Fee:

## **Memoir Writing Workshop**

This class will help you communicate your experiences in writing, creating a clear and compelling prose.

**Day/Time:** Tuesday, 10:30 – 11:45am

**Course #: 163110-M1:** Begins April 16 (11 wks.) **163110-M2:** Begins July 9 (6 wks.)

Resident \$3, Non-Resident \$10

## Could you need extra help in an emergency?

If so, sign up for the Westchester County Special Needs Registry Any county resident with a physical or mental disability who may require special assistance in the event of a major emergency or disaster would be eligible for Westchester County's Special Needs Registry. If you are elderly or disabled and would have trouble leaving your home quickly if told to do so, you should consider signing up for the Special Needs Registry. To sign up, call 211 (or 1-800-899-1479) between 9:00 AM and 7:00 PM and they will sign you up over the phone.

#### **Computers**

### **Basic Computers**

This is an introductory course on the basic elements of the personal computer. Cover topics such as: how to turn the PC on/off, how to use the mouse, learning about the desktop, accessing basic internet functions (Internet Explorer), how to create an e-mail account and its use.

**Day/Time:** Friday, 10:15 – 11:15am

**Course #: 163210-C1:** Begins April 12 (4wks.)

**163210-C2:** Begins June 7 (4wks.) **163210-C3:** Begins July 12 (4wks.) **163210-C4:** Begins Aug. 9 (4wks.)

Fee: Resident \$5, Non-Resident \$10



#### **Computers II**

Explore files and folders, what they are, how to create them, copy, move and delete them. Learn the differences between e-mail directories, created files and folders. Expand on the use of internet searches (Google, Yahoo, Bing).

**Day/Time:** Friday, 9 - 10am

**Course #: 163210-B1:** Begins April 12 (4wks.)

**163210-B2:** Begins June 7 (4wks.) **163210-B3:** Begins July 12 (4wks.) **163210-B4:** Begins Aug. 9 (4wks.) Resident \$5 Non-Resident \$10

Fee: Resident \$5. Non-Resident \$10

## **Computer III**

Expand on skills learned in previous courses. Class will cover downloads, working with flash drives, CDs and other storage devices.

**Day/Time:** Friday, 11:30am – 12:30pm

**Course #: 163210-31:** Begins April 12 (4 wks.)

**163210-32:** Begins July 5 (4 wks.)

Fee: Resident \$5, Non-Resident \$10

## **Digital Camera**

Learn how to use your digital camera and how to transfer photos to your computer. Prerequisite: Intermediate knowledge of MS-Windows program operations.

**Day/Time:** Friday, 11:30am – 12:30pm

**Course #: 163210-D1:** Begins June 7 (4 wks.)

**163210-D2:** Begins Aug. 9 (4 wks.)

Fee: Resident \$5, Non-Resident \$10



#### **Health & Fitness**

### **Physical Activity Levels**

Health & Fitness classes are defined by the <u>minimum</u> physical skills required to participate in the activity. **REMINDER:** Consult your physician before participating in a fitness program. For comfort and ease of movement, dress in warm up clothes and appropriate foot wear.

**Level 1:** movement done in a sitting position only

**Level 2:** movement done in a sitting position or standing

position with support from a chair

**Level 3:** movement done in a standing position with or

without the support of a chair

**Level 4:** movement done in a standing position without

support of a chair, with high level skills in agility, balance and coordination, ability to get down and

up from the floor.

#### Sit & Get Fit – Level 1 Exercise Video

Get a great workout while sitting in your seat.

**Day/Time:** Monday, Tuesday, Friday Restarts April 1,

Ongoing, 9:45 - 10:30am

Course #: 163410-SV

Fee: Free

#### **Meditation – Level 1**

Learn to heighten the awareness of self through this Eastern modality.

**Day/Time:** Thursday, Restarts April 4,

Ongoing (No class 7/4) 12:30 - 1pm

Course #: 163410- MD

**Fee:** Free

## **Gentle Yoga – Level 2**

Maintain overall body flexibility and endurance. Stress reduction and relaxation are a plus!

**Day/Time:** Wednesday, 2 – 3pm

 Course #:
 163410-Y1
 begins April 17 (8 wks.)

 Course #:
 163410-Y2
 begins July 10 (6 wks.)

 Fee:
 Resident \$25, Non-Resident \$55 (8 wks.)

 Resident \$20. Non-Resident \$45 (6 wks.)

#### **Zumba Gold – Level 3**

Zumba is an inspired dance fitness class that incorporates Latin and international music and dance while sculpting and toning your body.

**Day/Time:** Monday, 10:30 – 11:30am

**Course #: 163410-G1** begins April 1 (8 wks.)

(no class 5/27)

**Course #: 163410-G2** begins July 8 (6 wks.)

Fee: Resident \$25, Non-Resident \$55 (8 wks.)

Resident \$20, Non-Resident \$45 (6 wks.)

#### **Health & Fitness**

#### Tai Chi Video - Level 3

Try out this new video program. Great for beginners!

**Day/Time:** Thursday, Restarts April 4, Ongoing 11am – noon

Course #: 163410- TV

Fee: FREE

#### Tai Chi (Instruction) – Level 3

Maintain your balance, flexibility, strength and concentration through this ancient form of exercise.

**Day/Time:** Friday, 1 - 2pm

**Course #: 163410-C1:** Begins April 19 (No class

5/10, 6/14) (8 wks.)

Course #: 163410-C2: Begins July 12, (no class 8/9)
Fee: Resident \$25, Non-Resident \$55 (8 wks)

Resident \$20, Non-Resident \$45 (6 wks)

### Sculpt & Stretch – Level 4

Get in shape with light aerobics, stretching and resistance training.

**Day/Time:** Wednesday, 10:30 – 11:30 am

Date to be announced

Fee: FREE

## MAT Yoga - Level 4

Come join us for an invigorating Yoga class. Bring a mat and wear loose clothing. Be prepared to enhance your energy level and stretch your stiffness away.

**Day/Time:** Tuesday, 10:30 – 11:30am

Course #: 163410-M1 begins April 23 (8 wks.)
Course #: 163410-M2 begins July 9 (6 wks.)

Fee: Free

## **ZUMBA Toning – Level 4**

Move to international music and get an exciting, effective workout. Routine features aerobic training with a combination of weights for toning and sculpting.

**Day/Time:** Friday, 10:30 – 11:30am

**Course #: 163410-Z1** begins April 19 (8wks.)

(no class 5/10, 6/14)

**Course #: 163410-Z2** begins July 12 (6 wks.)

(no class 8/9)

**Fee:** Resident \$25, Non-Resident \$55 (8 wks.)

Resident \$20, Non-Resident \$45 (6 wks.)

## **Line Dancing – Level 4**

Class will include some familiar standard and new dances.

**Day/Time:** Thursday, Begins April 18, 10 – 11am (8 wks)

Course #: 163410-L1
Fee: FREF

#### Games

#### **Supervised Bridge**

Improve your game with play and discussion of some prepared hands. Practice your skills with random hands and receive constructive criticism.

Class is not for beginners. Class is limited to 12 participants.

**Day/Time:** Tuesday, 1 - 3pm

Course #: 165110- B1 begins April 16 (8 wks)
Course #: 165110- B2 begins July 9 (6 wks.)
Fee: Resident \$25, Non-Resident \$55 (8 wks.)
Resident \$20, Non-Resident \$45 (6 wks.))

**BINGO** 

**Day/Time:** Tues. & Thurs., Restarts April 2 Ongoing

1-3pm (No program 7/4) (No program 7/4)

**Fee:** 25¢ a card, Registration required.

## **Nintendo Wii Bowling**

Learn how to do the hottest TV video game in town and fun bowling with your friends! Look for more information about trips to compete against other senior groups.

**Day/Time:** Monday & Thursday noon − 2:30pm

Restarts April 1,Ongoing (no group 5/27, 7/4)

Course #: 165110-W1

Fee: Free

#### Social & Special Interest Programs

#### **AARP Defensive Driving**

**Register at the Community Center.** There are no refunds unless 24 hours notice is given. **Checks ONLY, payable to AARP.** 

**Dav/Time:** Monday, 9am – 4pm

April 22, May 26, June 24, July 22, August 19, September 23, October 21, November 25,

No December

**Fee:** Members \$17, Non-members \$19

## **Broadway Theater Lovers Club**

At the club meeting we will discuss current Broadway shows and vote on one to attend. The trip includes ticket cost, transportation, meal, and a minimal administrative fee. If you are interested in joining this group, bring cash or a check to pay for the trip at the meeting time. For more information call 422-1423.



#### Social & Special Interest Programs

#### **Intergenerational Program**

This is a cooperative program provided through the White Plains Recreation & Parks Senior Program and the White Plains Youth Bureau. You'll have fun in this cooperative an energetic program. White Plains Youth from the Middle School, along with seniors will participate in a variety of activities and community projects. **Group meets on Wednesdays from 3:15 – 4:30 pm, through May 15th.** If you are interested in joining this program, **call Martha Guarin at 422-1255.** 

#### **Needle Crafters**

Socialize with friends through knitting, crocheting and embroidery. Some needle craft experience required. Program supports the Center through donations of their work. Materials are supplied by the group.

**Day/Time:** Friday, Restarts April 5 Ongoing, 1 – 3pm

Course #: 163310-N1

Fee: FREE

### **Grupo Social Hispano**

Habla Español? Join this social group and share your culture.

**Day/Time:** Wednesday, Restarts April 3, Ongoing, 1 − 3pm

Course #: 163310-G1

Fee: FREE

## **Grupo Social Hispano**

Unase a este grupo social y comparta las similitudes y diferencias de su cultura con otras personas de habla hispana

**Dia/Hora:** Miercoles, Comienza de Nuevo el 3 de Abril

Todo el año , 1 − 3pm

Clase: 163310-G1

**Costo:** Gratis

#### **Wellness Support**

## All support programs are free. Aging & Life Transitions

Join in this open discussion group where you will explore and share experiences related to the process of aging.

**Day/Time:** Tuesday, 12:15 – 1pm

**Date:** April 9 &23, May 7 & 21, June 4 & 18

July 2, 16 & 30, Aug. 13 & 27

## **Awakening the Spirit**

This program will raise your spirits. Hear some uplifting stories about personal discovery and awareness. Discuss and share about how love, joy, peace and compassion can make a difference in our lives.

**Day/Time:** Tuesday, 12:15 – 1pm

**Date:** April 16 & 30, May 14 & 28, June 11 & 25,

July 9 & 23, Aug. 6 & 20

#### **Wellness Support**

#### **Medicare Minute**

Once per month, volunteers in the Seniors Out Speaking on Medicare (SOS Medicare) program present a short lecture about an important health care topic, and provide Medicare counseling.

**Day/Time:** Friday, 12 – 12:30pm

**Date:** April 5, May 3, June 7, July 12, Aug. 2, Sept. 6

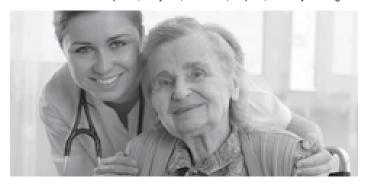
#### **Health Smart Club - Telehealth Station**

Sponsored by the Visiting Nurse Association in Hudson Valley, the Telehealth computerized kiosk will allow you to check your blood pressure, oxygen level and weight anytime you are at the Center. Your results are confidential and will be sent electronically to a nurse at the Visiting Nurse Association in Hudson Valley for monitoring five days a week. To use this health system you must register with the Health Smart Club at the Community Center Reception Desk. For more information on how you can join, please call 422-1423.

## Nurse's Corner - Visiting Nurse Association of Hudson Valley

Meet with the visiting nurse for blood pressure readings and questions about medications and diet.

**Day/Time:** 2nd Monday of the Month 12:30 – 1:30pm **Date:** April 8, May 13, June 10, Sept.9, No July or Aug.



#### **Announcements**

## "Thrifty" Boutique Spring Sale

Here you'll find some great buys! Proceeds help to subsidize the White Plains Senior Citizens Advisory Committee programs.

**Day/Time:** Thursday & Friday, 10 am - 2:30 pm

**Date:** May 2 & 3

## **Interested In Volunteering?**

The Senior Program is always looking for individuals interested in volunteering in for various programs, services or to share a special skill with the community. If you are interested in sharing your time with us please speak with Martha Guarin, 422-1255.

## **Senior Program Member Meetings**

Your input is important to us! Join us once a month to discuss ideas for senior programs. Check the monthly calendar for dates.

#### **Announcements**

## **Senior Citizens Advisory Committee**

Our Advisory Committee meets once a month. Please feel free to speak with any committee member listed below with suggestions that you may have.

Margaret Weaver, Malcolm Baehr, Jean Brown, Lydia Garced, Jane Prout, Pearl Seigal, Agnes Scheu, Adele Zucker

#### **Special Events**

#### **Lunch & Learn Presentations**

Learn from professionals from the Alzheimer's Association, Burke Rehabilitation Hospital, Family Services of Westchester, Home Instead, Legal Services of the Hudson Valley, NY Presbyterian Hospital, New York State EPIC, Visiting Nurse Association of Hudson Valley, Westchester Jewish Community Services, White Plains Public Safety, and more!

Day/Time:Wednesday, 12 – 1pmMar. 27Health Concerns of the ElderlyApril 10Wills & Powers of AttorneyApril 24Gatekeeper ProgramMay 8De-clutter Your Home

May 22 Senior Resources in Westchester

June 5 TBA

**June 12** Good Mental Health Everyday

July 17 Scams & Safety

**July 24** Alzheimer's – Know the Sign

Aug. 14 Musical Memories

**Aug. 21** TBA **Sept. 11** TBA

## White Plains Hospital 50+ Lecture Series

Once a month learn from top notch health professionals on how to stay healthy after the age of 50. Learn how to enhance your energy levels and improve your physical, cognitive and emotional health to live life to the fullest!

**Day/Time:** Third Thursday of the month. 5-6 pm **Date:** Call 422-1423 for dates and lecture topics.

## **Senior Health & Fitness Day**

Save the Date! Participate in a variety of programs from fitness classes to educational seminars. Look for more information to come.

**Day/Time:** Wednesday, Time to be determined

Date: May 29 Fee: FREE

**Transportation:** Senior bus transportation will be available to and

from your home

#### **Special Events**

#### Lunch-n-Movie

Join us at the Center for a delicious lunch, followed by a complimentary movie. Lunch is a \$2.75 suggested contribution and is served at 11:30am, movie begins at 12:30 pm. A 24 hour reservation is required to reserve lunch.

April 12 Green Card

May 24 Guns of the Magnificent Seven

**June 21** The Seven Year Itch

July 19 Rat Race

Aug. 16 Bells of St. Mary's Spellbound Free: Free

Join us as we honor our volunteers. Lunch is free for registered volunteers.

**Date/Time:** Friday, April 12, 11:30am – 1pm

**Volunteer Recognition Luncheon** 

**Fee:** \$2.75 suggested contribution, pay that day

## **Special Event Luncheons**

Join us for a delicious theme luncheon with live entertainment and raffles.

**Date/Time:** Friday, 11:30 am - 1:30 pm

May 10 **Mother's Day**June 14 **Father's Day** 

August 9 Indoor Summer BBQ

**Fee:** \$2.75 suggested contribution, pay that day **Special Bus:** There will be special bus transportation scheduled

for these events

## **Dance Country Night**

Dance the night away with a fun night of line and square dancing with an instructor that has been teaching for over 20 years. Learn new steps or improve on your old ones.

**Day/Time:** Wednesday, 5:30-8 pm

**Date:** June 19

**Fee:** \$3 (includes refreshments)

**Transportation:** Transportation is available to and from your home.



#### **Special Events**

## **Birthday Lunch Celebration**

Join us for lunch and entertainment as we celebrate our members' birthdays. Birthday celebrants receive lunch on the house.

Date/Time: April 26 **Spring Birthdays** (April, May, June)

July 26 **Summer Birthdays** (July, Aug., Sept.)

Fee: \$2.75 suggested contribution.

#### **Day Trips**

### **Trip Activity Code:**

**REMINDER:** Your safety and comfort are important to us. Trips require boarding buses, sometimes lengthy walking, climbing steps and standing. Some trips are not suitable for those with ambulatory limitations. If on-going assistance is required, it will be necessary for you to arrange for a companion or aide to attend the trip with you. Please note the activity level descriptions below to determine if a trip is appropriate for you. If you have any questions please contact our office to determine if the trip you are interested is suitable for you.

**Level 1** Little or no walking; few or no stairs (i.e. Bus drops you off close to the event).

**Level 2** Moderate walking, with places to rest.

**Level 3** Substantial amount of walking with or without places to rest.

**Level 4** Lots of walking, with standing for long periods of time.

## **WPPAC-"The Importance of Being Ernest"**

Level 1

Level 1

This is a classic comedy of manners involving two young men and their false identities. You may meet at Applebee's at 5:30pm before the show if you would like to have dinner on your own with friends. Otherwise, tickets can be picked up at box office at 7:30pm

Day: Friday, April 5 Time: 8 pm Show

Fee: Free (limit 2 tickets per person.) You must register at

Community Center front desk.

Transportation is on your own **Transportation:** 

## **Westchester Broadway Theater Three Great Shows**

Dav/Time: Thursday, 10:45 am - 4 pmThursday, 10:45 am - 4 pm**Dates:** April 18

June 27 "Sound of Music"

"Guys and Dolls"

Fee:

**Transportation:** Senior Bus - departs Delfino Park 10:45 am,

Community Center 11 am.

#### **Day Trips**

#### Sight and Sound Theater, "Noah" Level 1 **Lancaster PA**

Embark on a journey with Noah and his family as they uphold the call of God to build a boat in a land that has never seen rain. After the show, enjoy a scrumptious buffet dinner at the Bird in the Hand Restaurant.

Date: Tuesday, April 23 Time: 8am - 10pm

Community Center 8:15am.

Fee: \$78

#### Dim Sum & Trader Joe's Level 2

Enjoy a Dim Sum Lunch at Central Seafood in Hartsdale and shopping at Trader Joe's. This restaurant has been rated one of the best dim sum lunches in Westchester. Afterwards enjoy shopping for your special novelties at the well-known Trader Joe's.

Date: Wednesday, May 1 Time: 11:15am - 3pm Fee: \$5, transportation

**Transportation:** Senior Bus – departs Delfino Park 11:15am,

Community Center 11:30am.

## Yankee Night Games – Level 4

Call the Center for upcoming dates for Yankee games. Dates will be available in early spring.



## Wave Hill, Riverdale NY

Step into the spectacular 28-acre public garden and cultural center, overlooking the Hudson River. Wave Hill's vibrant landscape is one of the most beautiful in NY City. Afterwards, enjoy an appetizing lunch at Green Trees Restaurant.

Date: Wednesday, June 5 Time: 8:45am - 3:30pm Fee: \$47, all inclusive

**Transportation:** Senior Bus – departs Delfino Park 8:45am,

Community Center 9am.

#### **Day Trips**

### Ace in the Hole, NJ "Great Balls of Fire"

#### Level 1

Don't' miss this 'Rockin' Tribute to Jerry Lee Lewis, Johnny Cash and Elvis Presley. Enjoy a 4-course luncheon, complimentary cocktails, dancing to a live band, and an amazing show.

Date:Thursday, June 13Time:9:30am - 5pm

**Fee:** \$79

**Transportation:** Coach Bus – departs Delfino Park 9:30am,

Community Center 9:45am.

## Night at the Raceway at Yonkers Casino

#### Level 2

Have fun at the harness racing or play some slots in the casino. Dinner is on your own at a restaurant of your choice. You will receive a \$10 voucher to be used towards any restaurant in the casino.

 Date:
 Thursday, July 11

 Time:
 4:30 - 11pm

 Fee:
 \$10

**Transportation:** Senior Bus – departs Delfino Park 4:30pm,

Community Center 4:45pm. Transportation is avail-

able to and from your home.

## Goodspeed Opera House "Hello Dolly" & The Gelston House, East Haddam CT. Level

Dine at the classy Gelston House where you will be buffed and pampered as you enjoy a delicious lunch. After lunch you will head off to the Goodspeed Opera House for "Hello Dolly", the beloved musical of Dolly Levi, a matchmaker who merrily proceeds to wave a web of romantic complications.

**Date:** Wednesday, July 24 **Time:** 9:45am – 5:30pm

**Fee**: \$74

**Transportation:** Coach Bus – departs Delfino Park 9:45am,

Community Center 10am.

## Maritime Aquarium / Norwalk CT. Level 2

Watch seals swim around, touch a stingray, encounter a steely shark, or go to an IMAX movie. Lunch is on your own at the Cascade Café on the museum's premises.

**Date:** Wednesday, August 7 **Time:** 10am – 5pm

Fee: \$35 includes Museum and Imax

Transportation: Senior Bus – departs Delfino Park 10am,

Community Center 10:15am

#### **Announcments**

### **Cold Spring Village, NY**

Level 2

Join us on a trip to Cold Springs Village, NY where you can browse through our unique shops, tour the historic area, or just take in the breathtaking surroundings. Cold Springs also offers a wide range of culinary choices from great pizza and baked goods to some of the finest restaurants in the Hudson Valley.

Date: Friday, September 27
Time: 10:30 am – 4pm
Fee: \$10, lunch on your own

**Transportation:** Senior Bus – departs Delfino Park 10:30am,

Community Center 10:45am.

#### **Overnight Trips**

## For more information about trips call Ellen Albers 422-1331.

### **Cape Cod, Massachusetts**

Price includes three nights lodging at the Holiday Inn in Hyannis, 3 breakfasts, 3 dinners, evening of entertainment, fully escorted tours of Hyannis including the Kennedy Memorial, Province town, Historic Sandwich, Ferry to Nantucket Island with tour, all gratuities and taxes, motorcoach transportation and Prime Time escort.

**Date:** May 20–23

**Fee:** \$569 double, \$689 single

## **Woodloch Pines, Pennsylvania**

A wonderful world awaits you in the Pocono Mountains with incredible meals, boat rides on the lake, daily musical entertainment, and activities for groups of all sizes. This trip is guaranteed to leave you smiling all the way home. Cost includes motorcoach transportation and drivers gratuities, accommodations, all meals, and all activities and entertainment.

**Date:** September 8-11

**Fee:** \$411 double, \$493 single

Deposit of \$100 due by April 5th. Final payment is due June 7th.



# **Special Needs Programs**

# For Youth, Teens and Adults with Developmental Disabilities, ages 9 and up

White Plains Recreation & Parks provides a variety of fun, recreation & leisure programs for individuals with developmental disabilities. The Special Recreation Office is located at the White Plains Community Center at 65 Mitchell Place. For further information speak with Sia Tofano, Special Recreation Director, 422-1423.

#### How Do New Participants Join the Program?

Before registering for programs, all new prospective participants must complete an intake interview and provide required documentation. To make an appointment, call Sia Tofano, 422-1423.

#### **Registration & Payment**

For individuals who reside at home with a parent/caregiver:

There may be additional money required for some activities. Prior to the program start date registration can be dropped off at the Community Center, or mailed. Please send the registration form to the attention of Sia Tofano, White Plains Community Center, 65 Mitchell Place, White Plains, NY 10601.

## **NEW! Recreation Buddies**

We are committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation, call Sia Tofano, 422-1423.

For additional recreation opportunities White Plains Recreation Parks has partnered with Greenburgh Parks & Recreation. For more information on program offerings, please contact Noel Broccoli @ 693-8985, ext 128

## **Youth Programs**

#### **Move & Groove**

Musical games, dance movements and fun activities that will get you in the groove.

**Age Group:** 9 - 14 years

**Day/Time:** Monday, Begins April 15, No class 5/27

5:30 - 6:30 pm (8 wks.)

Course #: 151510-M1

Location:Community Center, 65 Mitchell PlaceRegistration:Ongoing at the Recreation Office.Fee:Resident \$25, Non-Resident \$50

#### **Youth Social Night**

Have fun with friends participating in games, crafts, and a variety of themed activities.

**Age Group:** Ages 10 - 15 **Day:** Friday, 6 - 8 pm

**Time:** 6:15pm, 7:15pm, & 8:15pm

Course #: 151510-N1 April 19, May 17, June 14
Location: Community Center, 65 Mitchell Place
Registration: Ongoing at the Recreation Office
Fee: Resident \$25, Non-Resident \$50

### **Sports Skills**

Learn a variety of seasonal sports from basketball, soccer and more!

**Age Group:** 9 - 14 years

**Day/Time:** Thursday, Begins April 18, 6:30 – 7:30 pm (6 wks.)

Course #: 151510-Y1

Location: Gillie Field 85 Gedney Way
Registration: Ongoing at the Recreation Office.
Fee: Resident \$32, Non-Resident \$40

#### **Youth Tennis**

**Age Group:** 9 - 14 years

**Day/Time:** Thursday, Begins June 6, 6:15 – 7:15 pm (4 wks.)

Course #: 151510-T4 Location: DelFino Park

**Registration:** Ongoing at the Recreation Office. **Fee:** Resident \$25, Non-Resident \$50

### **Teens & Adults**

### Swim & Gym

Take a dip in the pool fo llowed by fun activities and sports in the gym.

Age Group: 16 & Olde

Day/Time:Thursday, 7 - 8pm Swim8 - 9pm GymCourse #:151510-W1Begins April 18 (8 wks.)Location:White Plains High School, North StreetRegistration:Ongoing at the Recreation OfficeFee:Resident \$25, Non-Resident \$50

# **Special Needs Programs**

## "Out & About" Social Night

Spend an evening with your friends. Participants will have a variety of fun activities at the Center or go on a community outing. Group meets once a month.

**Age Group:** 16 & Older **Day/Time:** Friday, 7 – 10 pm

Course #: 251510-01 April 26, May 10, June 7 (3wks.)
Course #: 251510-02 July 19, August 2 (2 wks.)
Location: Community Center, 65 Mitchell Place
Registration: Ongoing at the Recreation Office
Fee: (3wks.)Resident \$25, Non-Resident \$50
(2wks.) Resident \$15, Non-Resident \$30

#### Art -n- Games

Enjoy creating fun art projects, games and other social activities.

**Age Group:** 15 & Older

**Day/Time:** Tuesday, 6:30 – 8:30 pm

Course #: 151510-A1 Begins April 16 (8 wks.)
Course #: 151510-A2 Begins July 9 (6 wks.)
Location: Community Center, 65 Mitchell Place
Registration: Ongoing at the Recreation Office
Fee: (8wks.)Resident \$25, Non-Resident \$50

(6wks.) Resident \$15, Non-Resident \$30

## Karaoke & Pizza Night

Sing your heart out and some fun with friends. A pizza dinner is included.

**Age Group:** 15 & Older

**Day/Time:** Thursday, 6:30- 8:30 pm

Course #: 151510-K1

Location:Community Center, 65 Mitchell PlaceRegistration:Ongoing at the Recreation OfficeFee:Resident \$5 Non-Resident \$10



#### **Mini-Golf Picnics**

Take in the summer and spend an evening with your friends playing golf and enjoying a picnic supper. Supper included in fee.

**Age Group:** 15 & Older

**Day/Time:** Wednesday, July 10 & August 7, 6 – 8pm

Course #: 151510-M6
Location: Saxon Woods Park

**Registration:** Ongoing at the Recreation Office **Fee:** Resident \$10 Non-Resident \$20

#### **Summer Movie Night**

Catch a summer block buster with friends. Dinner is on your own at the theater. Bring money for your movie admission.

**Age Group:** 15 & Older

**Day/Time:** Thursday, August 15, 6 – 10 pm

Course #: 151510-MN

Location:Community Center, 65 Mitchell PlaceRegistration:Ongoing at the Recreation OfficeFee:Resident \$5 Non-Resident \$10

#### **Athletics - Track & Field**

**Age Group:** 15 & Older

**Day/Time:** Wednesday, Ongoing through May 15

6:30 – 8:30 pm

Course #: 251510-T2

Location:Highlands Middle School – South GymRegistration:Ongoing at the Recreation OfficeFee:Resident \$25, Non-Resident \$50

**Competition:** Time Trails, April 20th, details will be announced.

Spring Game, May 18, Sleepy Hollow HS more

details will be announced

## **Special Olympic Training & Competition**

Programs are designed for participants to learn the specified sports skills and to train for team competition. A minimum of eight weeks of participation is required to qualify for team competition. A current Special Olympics Registration & Medical Form is also required to participate and is required with the program registration.

**Bowling** 

**Age Group:** 15 & Older

**Day/Time:** Saturday, Noon - 2pm

**Course #:** 151510-B0: Begins April 27 (8wks.)

**Day/Time:** Monday, 6:30 – 8:30 pm

Course #: 151510-B3: Begins July 8 (6wks.)
Location: White Plains Bowl, Tarrytown
Registration: Ongoing at the Recreation Office
Fee: (8wks.)Resident \$25, Non-Resident \$50

(6wks.) Resident \$15, Non-Resident \$30

**Bowling Fee:** \$72 (8wks.) / \$54 (6wks.)

Payable at registration, separate checks please. Check payable to AMF White Plains Lanes. Fee includes 2 games and shoes for the season

**Competition:** Bowling Competition in October.

Details will be announced



# **Community Partners**

## JUMP IN AND SWIM MONTH

"Jump In and Swim Month" is designed to help children and adults learn basic swimming skills and water safety practices. Learning these skills helps to build confidence and self-esteem. Swimmers will grow stronger in body, mind and spirit.

Participating Agencies: White Plains Recreation and Parks, White Plains City School District, White Plains YMCA, YWCA of White Plains, White Plains Youth Bureau and White Plains Hospital.

Get your cap, goggles and snorkel your way through a FREE month of learn to swim activities!

#### WHITE PLAINS HIGH SCHOOL

550 North Street | www.whiteplainspublicschools.org

Wednesday & Thursday, March 6 & 7: Siblings Swim, 3:30 – 5:30 PM at White Plains High School. White Plains High School Students and Staff are invited to bring their siblings and family members for a late afternoon swim under the guidance of the White Plains High School Swim and Diving Teams. All level of swimmers welcome.

#### WHITE PLAINS RECREATION AND PARKS

85 Gedney Way | (914)422-1336 | www.CityofWhitePlains.com

Friday, March 15 – Family Fun | Open Swim – 7 to 9 PM at White Plains High School (Step and required)
Saturday, March 23 – Learn to Swim | Open House at White Plains High School (Proving not required)

- . 1:30 PM Parent/Tot Swim
- · 2:15 PM Level 1 New Swimmers, Introduction to Swim for Youth
- 3:00 PM Level 2 Advanced Swimmers, Youth
- 3:45 PM Introduction to Water Aerobics/Zumba Class for adults

March 22, 25, 26, 28 - Lifeguard Training | Refer to City Guide

#### YWCA OF WHITE PLAINS AND CENTRAL WESTCHESTER

515 North Street | (914) 949-6227 | www.YWCAWPCW.org

Tuesday & Wednesday, March 19 & 20 - 10:00 AM and 10:30 AM - Parent/Toddler Swim

Thursday, March 21 - 10:30 AM and 11:00 AM - Pre-School Swim class

Thursday, March 21 - 10:30 AM - Adult Learn to Swim class

Friday, March 22 - 8 PM and 8:45 PM - Youth Swim Class

#### WHITE PLAINS YMCA

250 Mamaroneck Avenue | (914) 949-8030 | www.whiteplains.ymca-cnw.org Monday - Friday, March 25 - 29, 9 AM - 6 PM

SPLASH WEEK is a YMCA learn-to-swim initiative for beginner-level participants ages 3 – 11 years old. The primary purpose of SPLASH WEEK is to encourage youth to begin to learn basic swimming skills and water safety practices. SPLASH WEEK is free, but registration is required. Interested families can begin registering via phone or in-person beginning at 7 AM on Saturday, February 23, 2013. Space is limited so don't hesitate!

Pre-registration may be required. Contact the sponsoring agency for requirements.

JUMP IN AND SWIM MONTH WILL CONCLUDE WITH A JAMBOREE OF SWIM ACTIVITIES FOR THE ENTIRE FAMILY ON SATURDAY, MARCH 30, 2 PM – 5 PM AT THE WHITE PLAINS YMCA, 250 MAMARONECK AVE.

## Summer in the Parks



Outdoors in the Summer is the perfect place for picnics, fun and music, children's programs and movies. Enjoy your neighborhood park, friends and family weekday evenings.



MONDAYS

**TUESDAYS** 

WEDNESDAYS

**THURSDAYS** 

## Gillie Park - Gedney Way, 7pm

July 8	Storytelling
July 15	Circus Fun
July 22	Magic Show
July 29	Family Fun Concer

## Druss Park - So Lexington Ave. 7pm

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July 9	Storytelling
July 16	Shrek 3, 8:15pm
July 23	Magic Show
July 30	Family Fun Concert

#### Turnure Park, So Lake Street, 7pm

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July 10	Storytelling
July 17	Shrek 3, 8:15pm
July 24	Magic Show
July 31	Family Fun Concert

#### Battle Hill Park, Battle Avenue, 7pm

July 11	Storytelling
July 18	Madagascar 3, 8:15pm
July 25	Magic Show
August 1	Family Fun Concert

#### Mattison Park, 7pm

July 8	Family Fun Concert
July 15	Storytelling
July 22	Madagascar 3, 8:15pn
July 29	Mario Magic Show

#### George Washington School, 7pm

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July 9	Family Fun Concert
July 16	Storytelling
July 23	Toy Story 3, 8:15
July 30	Mario Magic Show

#### Renaissance Plaza, 7pm

July 10	FDR salutes Michael Jackson
July 17	Ada Dyer sings Aretha Franklin
July 24	British Invasion with the Kootz Band
July 31	Alive-n-Kickin salutes Motown
August 7	American Bandstand with the Greyhounds
August 14	Good Clean Fun presents the RATPACK

#### Gardella Park, Ferris Avenue, 7pm

July 11	Family Fun Concert
July 18	Storytelling
July 25	Toy Story 3, 8:15
August 1	Magic Show



# Dancing Under the Stars

This fun filled FREE event is open to all dancing Queens and Kings.

Bring your dancing shoes and dance the night away to music each week at Renaissance Plaza.

Wednesdays, 7 - 9pm

## Dancing Under the Stars Pays Tribute to Great Performers

Enjoy a variety of music that is certain to have you on the dance floor!

## Summer in the Parks

## Fathers Day Family Outing FREE Concert in the Park Featuring a Tribute to Neil Diamond



Sunday, June 16, 7pm Rain Date: Monday, June 18 **Turnure Park** 

## Noonday Concerts

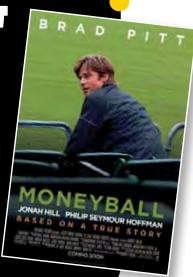
Live musical performances held outdoors in downtown White Plains. Each week offers an exciting performance. Schedules will be available at the first concert.

> Thursday, beginning June 6 Noon - 2pm Renaissance Plaza

## OUTDOOR MOVIE & CONCERT MONEY BALL PG-13

Discover and re-discover the excitement of viewing a movie on the big screen under the stars! Enjoy our pre movie entertainment.

> LOCATION: TURNURE PARK DAY/TIME: FRIDAY, JULY 26 ENTERTAINMENT 7PM MOVIE 8:30PM





## **National Night Out**

White Plains Public Safety Department will host an evening outdoors celebrating our great neighborhoods. Residents throughout White Plains are invited to join together with communities nationwide for the Annual National Night Out. This fun evening is designed to strengthen neighborhood spirits and police-community partnerships. Come out and join forces as we continue to work together to keep the City of White Plains a safe community to live in. Lock your doors, turn on the outdoor lights and spend the evening at our street fair. Activities include entertainment, free giveaways, and plenty of community service organizations with information and an open house of the White Plains Public Safety Department. Community groups, service organizations and neighborhood associations that are interested in participating should contact:

Sergeant Luis Muniz (914)422-6251 Email: Imuniz@whiteplainsny.gov

Lt. Kevin Christopher (914)422-6253 kchristopher@whiteplainsny.gov Age Group: Open to All

Day/Time: Tuesday, August 6, 6-9pm Location: 77 South Lexington Ave.

Fee: Free



# **Community Partners**

## IN CASE OF A CITYWIDE EMERGENCY:

Input cell phone and/or email addresses into CodeRED Community Notification System:

The City of White Plains utilizes land lines as the primary means of contacting residents in an emergency. Through the City's website, www.cityofwhiteplains.com, residents can add additional contact information to ensure that important communications are received even if the service to your landline is down. Don't wait—Now is the time to do this.



White Plains Emergency Hotline (activated during emergencies):

English: 422-5150 Spanish: 422-5160

#### Forward your calls to your cell phone:

Verizon Customers should visit www36.verizon.com/fiosvoice/ to set up Call Forwarding online.



optimum

Optimum Customers can visit the Optimum Voice homepage, which can be accessed through www.optimum.com for instructions on how to set up Call Forwarding.

## Call United Way's 2-1-1 for 24/7 support.

Residents can also visit United Way of New York's website: uwnys.org





Visit the City of White Plains website for continuous updates during emergencies:

www.cityofwhiteplains.com

## **Day Camps**

White Plains offers the best in Summer Day Camps. Camp Panawok for campers entering grades K - 3, and Camp Quarropas for grades 4 - 6 and Teen Camps for grades 7-9. Campers can expect to be engaged on a daily basis in fun and constructive activities under the supervision of caring, trained counselors. Expect a full day of activities, including arts and crafts, sports, dance, swimming, trips and special events. Camps are offered in three 2-week sessions. Special Needs inclusion Day Camp see page 31



#### **Camp Panawok**

For younger children, this camp offers music, dance, nature, arts and crafts, swimming and sports activities.

**Age Group:** Entering Grades K - 3 **Day/Time:** Monday - Friday,

8:30am - 2:30pm

Session I: July 1 - July 12, No Camp 7/4

Session II: July 15 - July 26 Session III: July 29 - August 9

**Location:** George Washington School **Registration:** Begins April 3 at the

Recreation Office and will be ongoing until camp groups are

full. Immunization records are required at registration.

**Fee:** \$290 per session. \$120 for bus transportation (optional).

### **Camp Quarropas**

This camp has two divisions, based on ages. Activities include arts and crafts, sports, swimming, computers, and much more. Special events and trips are scheduled on a weekly basis.

**Age Group:** Grades 4 - 5 (Junior Camp)

Grade 6 (Senior Camp)

Day/Time: Monday - Friday,

9am - 3:00pm

Session I: July 1 - July 12 no camp 7/4

Session II: July 15 - July 26 Session III: July 29 - August 9

**Location:** White Plains High School **Registration:** Begins April 3 at the

Recreation Office and will be ongoing until camp groups are

full. Immunization records are required at registration.

Fee: \$290 per session.

\$120 for bus transportation

(optional).

#### **Teen Camp**

A new program designed to offer the Teens of White Plains a safe summer program filled with fun and many exciting trips. Caring trained adult and college counselors will supervise a full day of activities: arts & crafts, computers, sports, swimming, trips and entertainment. Registration will be on a first-come first-served basis. Maximum of 100 participants per session.

Age Group: Entering grades 7 - 9
Day/Time: Monday - Friday, 9am - 3pm\*
Session I: July 1 - July 12 no camp 7/4

Session II: July 15 - July 26
Session III: July 29 - August 9
Location: White Plains High School
Registration: Begins April 3 at the

Recreation Office and will be ongoing until camp groups are filled. Immunization records are required at registration.

\$330 per session, \$120 for bus transportation (optional), no late

bus\*

Fee:

\* Please note that some trips will require early arrival and late pick-up.

**Camp Quarropas Early Bird Drop Off** Parents who have to get to work early, can now have the added convenience of dropping off their camper prior to the start of camp. Campers will meet in the gymnasium and participate in organized group activities. Space limited to 35 campers, first-come, first-served. **Monday - Friday, 8am, \$60 per session, in addition to camp fee.** 

**Camp Quarropas & Camp Panawok Extended Day** Campers can extend their day to 5:30pm. Supervised by camp staff the program features additional coordinated activities and free time. Snack provided at Camp Panawok. Spaces are limited, first-come first-served. **Monday - Friday, until 5:30pm, \$130 per session, in addition to camp fee.** 

#### **Soccer Camp**

Get ready for the fall soccer season! Fundamentals will be taught with an emphasis on passing, trapping, dribbling and shooting skills. T-shirt provided

**Age Group:** Grades 1-8

 Day/Time:
 Monday - Friday, 9 am - noon

 Course #:
 122910-S1: August 12 - August 16

 Course #:
 122910-S2: August 19 - August 23

Location:George Washington SchoolRegistration:Ongoing at the Recreation Office.Fee:\$100 resident, \$125 non resident.



### **Iman Shumpert Teaches Basketball Camp**

This week with NY Knick rookie Iman Shumpert will prove to be a once in a lifetime opportunity for your child to meet an NBA player. The camp will teach an individual how to improve their basic fundamentals. This is a great learning experience for non-basketball players as well as experienced players.

**Age Group:** 7-15 Years

**Day/Time:** Monday-Friday June 24-28, 9am-3pm

**Location:** Highlands Middle School

**Registration:** Ongoing at the Recreation Office or www.teacheshoops.

com

**Fee:** \$350 Residents \$375 Non-Residents

Limited Scholarships Available

**Checks Made Payable to Teaches** 

## **Cheerleading - Hip Hop Dance Camp**

A new week long clinic to learn skills in cheer and dance. Each day will be filled with excitement and learning of cheer motions and dance jumps, while incorporating hip hop dance moves to create mini-competition routines. Please wear sneakers, dress in comfortable clothes. Bring a snack, water bottle and lunch.

**Age Group:** Entering Grades 1- 5 **Day/Time:** Monday - Friday, 9am - 3pm

Course #: 122910-C1: June 24 - June 28
Course #: 122910-C2: August 12 - August 16
Location: George Washington School Field

**Registration:** Ongoing at the Recreation Office. **Fee:** \$200 Resident, \$250 Non Resident

### **TGA Enrichment Golf Camp**

Camps will include drills and language that make it fun to learn golf for kids. All

levels are welcome, from novice to the seasoned youth golfer. Coaches will ensure all students get the

necessary instruction to excel. All equipment will be provided, but you are more than welcome to bring your own. Please provide plenty of water and snack so your camper(s) stay refreshed and hydrated throughout the camp.

**Age Group:** Grade K-8

**Day/Time:** Camp: Monday - Friday 9:30am - 11:30am **Location:** Monday - Friday, 9:30am - 12 Noon

Week 1: June 24 - 28 Week 2: August 12-16

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office. **Fee:** \$150 Checks made payable to TGA

### **White Plains Boys and Girls Lacrosse Camp**

For youth age 6-14, camp day is from 9am-3pm, Monday – Friday. Located at Highlands Middle School, turf field. Rate is \$250 per week and we do offer multiple week and family discounts.

**Dates:** June 24 – June 28 (Week 1)

July 1-2-3 (Week 2) July 8-12 (Week 3)

You can print a registration form from our website www.wpshslax.com and brochures will be available at the Recreation Department or call Mark Armogida 914.907.9925

## **Dubset Lacrosse Travel team (Boys Only)**

The coaching staff at WPHS is running a summer travel Lacrosse program for boys. We have two teams a U17 and U14 team. Players will receive: four summer tournaments (held on the weekends), have two weekday practices at night held at White Plains High School, uniform, t-shirt, equipment bag.

Website: www.dubsetlacrosse.com

or call Mark Armogida at 914.907.9925 for information



#### **MVP Basketball Camp\***

Summer day camp for kids of all abilities. Scholarship help is available. More at www.mvpbasketballcamp.org 946-1231. Boys and Girls, 6-16 years of age. Monday-Friday, 9am-4pm, July 8-August 2. Highlands Middle School. \$395 per week. Discounts and Scholarships Available. Three Day Varsity Skills Academy Boys & Girls 14-16 July 1st-3 \$240



### **Soccer Squirts**

This US Sports Institute program is designed to introduce young children to the exciting game of soccer. Innovative curriculum ensures maximum learning and fun.

**Age Group:** 3 - 5 Years

(Parents may stay for program)\*

Day/Time: Monday - Friday

**Course #:** S1 June 24 - June 28, 9 - 11am S2 July 15 - 19, 9 - 11am

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office. Limited enrollment.

**Fee:** \$115 - includes shirt & soccer ball

Checks made payable to US Sports Institute

## **Sport Squirts Camp**

This US Sports Institute program is designed to introduce young children to a variety of sports in a safe, structured environment. Activities will encompass hand/eye coordination, agility and movement.

**Age Group:** 3 - 5 Years

(Parents may stay for program)\*

Day/Time: Monday - Friday, 11:15am - 12:15pm
Course #: 112910-S3 June 24 - June 28
Course #: 112910-S4 July 15 - 19

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office. Limited enrollment. **Fee:** \$79 **Checks made payable to US Sports Institute** 

### **TGA Enrichment Tennis Camp**

TGA is a national partner of the USTA (United States Tennis Association). Our joint mission is to grow the game of tennis through today's youth! Camps are full of high energy, physical fitness, character development themes, and educational components. Our staff is handpicked to provide the highest level of instruction, while maintaining a fun and engaging environment. TGA coaches will cater to all skill levels, making sure that all campers receive appropriate instruction. All equipment is provided. Please bring plenty of water and a snack so that your camper(s) stay hydrated and full of energy.

**Age Group:** Grade K-8

**Day/Time:** Monday – Friday, 9:30am – 12 Noon, August 19-23

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office. **Fee:** \$150 Checks made payable to TGA



## **US Sports Institute T Ball Squirts Camp**

A great way to introduce your young sluggers to the exciting game of Baseball. T Ball Squirts focuses on the fundamental skills of the game; including hitting, throwing, catching and running the bases. Our progressive T-Ball curriculum enables each child to develop their skills, and understanding of the game.

**Age Group:** Grade Pre K - K

**Day/Time:** Monday – Friday, August 5 - 9, 9 - 10am,

Session 1

Monday – Friday, August 5 - 9, 10:15 - 11:15am,

Session 2

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office.

**Fee:** \$89 Checks payable to US Sports Institute

## Mad Science Summer Programs

SUMMER CAMP WEEK LONG PROGRAMS BELOW.

AM sessions from 9am-12pm and PM sessions from 1-4pm. Campers who elect to do a full day may stay for a lunch hour from 12-1pm supervised by Mad Science.

#### **The Nature Academy**

Explore the natural world and its adaptations. Make casts of animal tracks & build a bird feeder to mix your own seed blend to attract specific bird species. Study the feeding habits of owls as we dissect their lunch's remains while we learn all about the world around us!

**Age Group:** Grade 1 - 5

**Day/Time:** June 24 – June 28, 9am-12pm

**Location:** Gillie Recreation Room

**Registration:** Ongoing at the Recreation Office. **Fee:** Half Day \$200, Full Day \$325

Checks made payable to Mad Science

## **JR. Engineers**

Build on scientific principles as we build all different sorts of structures. Delve into construction projects and observe the importance of simple machines like pulleys, levers and wheels. Take the bridge building challenge and learn about trussing and the strength of different shapes.

**Age Group:** Grade 1 - 5

**Day/Time:** June 24 – June 28, 1-4pm **Location:** Gillie Recreation Room

**Registration:** Ongoing at the Recreation Office. **Fee:** Half Day \$200, Full Day \$325

Checks made payable to Mad Science

## The NASA Academy

From our earth's atmosphere to the outer reaches of our solar system, join us on a quest for exploration! Comets, planets, stars and more are all waiting to be discovered. Learn about the four forces of flight and the challenges of space travel as you construct your own rockets and participate in a launch.

**Age Group:** Grade 1 - 5

**Day/Time:** August 12 – August 16, 9am-12pm

**Location:** Gillie Recreation Room

**Registration:** Ongoing at the Recreation Office **Fee:** Half Day \$200, Full Day \$325

Checks made payable to Mad Science

#### **Basic Robotics - Solar Wormbot**

Come join our Mad Scientists and construct the slowly creeping Wormbot! It has orange spiky limbs to ward off any predator who seeks to challenge it as a delectable delight. The sun's rays power this mini solar kit to slither along to safety.

**Age Group:** Grade 1 - 5

**Day/Time:** August 12 – August 16, 1-4pm

**Location:** Gillie Recreation Room

**Registration:** Ongoing at the Recreation Office. **Fee:** Half Day \$200, Full Day \$325

**Checks made payable to Mad Science** 

#### **Secret Agent Lab**

Step into the shoes of a detective and uncover the science involved in evidence gathering and analysis. You will probe the science of tracking as you stamp out a scenario on a case card according to a pre-determined story. This camp is full of cool take home projects that will bring out the secret agent in you!

**Age Group:** Grade 1 - 5

**Day/Time:** August 19 –August 23, 9am-12pm

**Location:** Gillie Recreation Room

**Registration:** Ongoing at the Recreation Office. **Fee:** Half Day \$200, Full Day \$325

Checks made payable to Mad Science

## **Advanced Robotics – The Hyper Peppy**

Learn about and play with robots while we discuss what makes robots different from humans. Then build this Hyper Peppy. It's an intelligent robot with a touch/sound sensor. If it comes in contact with an object or hears a loud noise (such as hands clapping), Hyper Peppy automatically reverses, then turns left before embarking on a new course.

**Age Group:** Grade 1 - 5

**Day/Time:** August 19 –August 23, 1-4pm

**Location:** Gillie Recreation Room

**Registration:** Ongoing at the Recreation Office. **Fee:** Half Day \$200, Full Day \$325

Checks made payable to Mad Science



### **Westchester Futsal Soccer Camp**

We have been teaching children that the game of soccer can be both educational and fun. Our ability to teach with enthusiasm and a positive attitude, enhanced by our playing backgrounds, means that each participant will leave camp a better soccer player, teammate and individual. All of our camps are taught at a level where children will be challenged during the week and have an incredible soccer experience at the same time.

**Age Group:** Grade Pre K - 9

**Day/Time: Session 1:** July 22-26, 9am – 3pm

Session 2: July 29- August 2, 9am - 3pm

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office

**Fee:** \$300 Checks Payable to Adrian Rodriguez



### **Total Play US Sports Institute Multi Sports Camp**

Experience over 16 different sports from around the world including, soccer, basketball, lacrosse, volleyball, disc golf, cricket, floor hockey and many more. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and moist of all, fun! Campers will receive technical instruction, have the chance to experience the sport in a realistic game situation, and will participate in the exciting USSI World Cup Competition. All participants will receive a t-shirt and certificate. This is the only sports camp truly dedicated to children of all sporting abilities.

Age Group: Grade K - 8

**Day/Time:** Monday – Friday, 9am – 3pm, Extended Day, 3-5pm

M1: June 24-28

M2: July 1-5 (No Camp 7/4)

M3: July 8-12 M4: July 15-19 M5: August 12-16 M6: August 19-23

**Location:** Delfino Park

**Registration:** Ongoing at the Recreation Office

**Fee:** \$189 per child / \$25 for Extended Day / \$500

Fee for 3 sessions (same child)

Non-Medial refunds are subject to a 20%

administrative fee.

\*\*Scholarships Available\*\*

Special Note: Immunization Records are required

at registration

## Summer Inclusion Day Camp (Services for Children with Developmental Disabilities)

White Plains offers summer day camp services for special needs children enter grades K-9. Due to services funding, children must have been classified with a developmental disability. Campers will be provided with either a 1:1 or 2:1 counselor who can provide guidance and support to help your child integrate into camp activities. Children must be toilet trained and function at a moderate to high level of ability.

#### **Summer Inclusion**

Special Needs Camp Fees (per 2 week session): Panawok - \$275 Quarropas - \$275

Teen Camp - \$330

For dates, transportation, and additional information see page 26.

**Please note:** We are not equipped nor staffed to work with children who need a significant amount of 1:1 support or who have difficulty controlling their behavior. Children who adversely affect other camper's experience may not be ready for this inclusion camp structure. If you child has a disability, please call Sia Tofano, 422-1423 prior to registering to determine whether this camp is suitable for your child.

Parents and campers will be asked to complete an application and Intake Assessment Interview in addition to providing an updated IEP, proof of citizenship and social security number. If you child receives any social service benefits, proof of benefits is also required. In order for us to provide the best possible support for your child, please be thorough and honest with us about your child's ability. **The Intake Assessment Interview and registration deadline is** 



# White Plains Performing Arts Center



A Professional Regional Theatre, located downtown White Plains on the 3rd Floor of City Center (next door to Cinema de Lux).

11 City Place, White Plains, NY 10601



All Too Human: An Evening with Clarence Darrow

A one-man show about the life of the great American trial lawyer, Clarence Darrow, written and performed by Henry Miller.

Tickets: \$25 adults; \$15 High School & Younger



CONSERVATORY THEATRE
PRODUCTION

Tickets: \$20 adults; \$15 High School

April 26-28, 2013

Comedic masterpiece about class and name-dropping.



Tickets: \$35 adults; \$25 High School & Younger

April 5-14, 2013

THE AMERICAN TRIBAL LOVE-ROCK MUSICAL

A WPPAC Spotlight Production

Tickets: \$30 adults; \$25 High School

May 3-11, 2013

All Programming, Shows and Schedules are subject to change.

To order tickets:

Call 914.328.1600
Online at www.wppac.com
Or visit the WPPAC Box Office

### White Plains Performing Arts Center



**Resident Theatre Training Program** 

2 Four-Week Sessions for young performers ages 10-17

SESSION 2: JULY 22 - AUGUST 17 SESSION 1: JUNE 24 - JULY 20



Based on My Lave, My Lave by Rosa Guy

Shows are Subject to Change



Every day includes workshops in Book by Jemes Lepine Music and Lyrics by Stephen Sendheim Based on classic fairy tales **ACTING, SINGING & DANCE** with professional Broadway teaching artists. Sessions end with full-scale, professional productions.

Monday-Friday 10-4:30 Registration \$1100 Early Registration by May 1st \$1000 For more information please call 914-328-1600 or education@wppac.com



### Free!



# Save the Date! The Second Annual Westchester Multi-Cultural Children's Book Festival

Saturday, September 14

Join us for this exciting festival presenting innovative, entertaining, and fun-filled programs for children, parents, teachers, and all advocates for children. Authors, workshops and events to be announced.

#### DIG INTO READING Summer Reading 2013

The Trove's Summer Reading Game begins June 24 and ends August 16. On June 24 & June 25 we will have an opening activity at 2 p.m. — see online calendar for details.

Join us for Movies @ The Trove every Monday Night at 7 p.m.

Every Wednesday night is Family Night with a storytime or activity for the whole family.

For 3rd through 6th graders, read three books and report online to get invited to a pizza party at Uno Chicago Grill.

Parents - come get your children's summer reading books!

#### Museum Passes

Borrow family passes for several local museums for free, including The Children's Museum of Manhattan, The Intrepid Sea, Air and Space Museum and more!

Book a pass on our website 24/7, or visit the first floor Reference Desk or the Compass Desk in The Trove for details and reservations. This project is funded by the White Plains Library Foundation.

#### **Tutoring Resources**

#### **Teacher in the Library**

Free after-school help is available in The Trove for students through grade 6, Monday and Wednesday from 4-7 p.m. and Tuesday and Thursday from 4-6 p.m., when school is in session, from October through May.

#### Online Tutor @ whiteplainslibrary.org

Ask certified tutors questions online. White Plains card holders can log on through the Library website daily from 2 - 11 p.m., from home, school, or in the Library. For grades K-12 and adult learners. Spanish-speaking tutors are available. This project is funded by the White Plains Library Foundation.

#### **Learning Express Library**

Study, practice and self-scoring for standardized tests on our website (e.g. 4th grade math and reading practice, elementary school writing practice).



For more details and listings of our free classes and events, see our website whiteplainslibrary.org

### Free!

#### **Library Hours**

Monday, Tuesday, Wednesday 10	a.m.	- 9	p.m.
Thursday, Friday10	a.m.	- 6	p.m.
	a.m.	- 5	p.m.
Sunday1	p.m.	- 5	p.m

#### **Phone Numbers**

Adult Reference	422-1480
The Trove (Children's Services	3)422-1476
Checkout / Library Cards	422-1490
Renewals by Phone	674-4169

#### Find us on these social networking sites:



facebook.com/WhitePlainsPublicLibrary facebook.com/TheEdgeWPPL (teens)



twitter.com/WhitePlainsLib

#### Visit our website:

#### whiteplainslibrary.org

As a White Plains resident, you are eligible to receive a White Plains Public Library Card. Please stop by the Check Out Desk for details, or call 422-1490. We are a member of Westchester Library System, and your White Plains card is honored at all Westchester public libraries and at the Westchester Community College library.

Give us your email address! You'll receive notices three days before an item is due, when your item is past due and when your holds are ready for pick up. Visit the Circulation Desk to get set up.



#### En Español

Aprendiendo inglés: Continuamos ofreciendo grupos de conversación para adultos que quieren practicar inglés como segundo idioma (ESL). Para más información contacte la bibliotecaria Elizabeth Hughes al 422-6985.

Clases de computadoras en español: Para más información sobre estas clases, por favor contacte a la bibliotecaria Mariel Perez al 422-6982.

La Biblioteca también ofrece clases de Inglés como segundo idioma (ESL) en colaboración con el WCC. Para más información, favor de llamar al Instituto de Inglés del Westchester Community College al 606-5656.

#### En The Trove (Biblioteca para niños) 422-1476 Programas para la familia en español (Cuentos) y

Programas para la familia en español (Cuentos) y bilingüe (Bilingual Family Night)

Ayuda con las tareas escolares con un maestro de White Plains y a través de la computadora con Tutoría en línea.

Juego de lectura del verano: Para mantener y mejorar el nivel de lectura de su niño/a y las destrezas aprendidas durante el año escolar.

**Noticias** es el boletín informativo oficial de la Biblioteca en español. Destaca los programas y servicios que la Biblioteca entiende ser de especial interés a los usuarios que hablan español.

Nuestra página web en español es <u>espanol</u>, <u>whiteplainslibrary.org</u>, donde usted puede encontrar información detallada acerca de los muchos servicios que ofrece la Biblioteca.

#### Request a Purchase

Interested in a title we don't own? You can request we purchase an item either through our website or at the Reference Desk. Someone will respond within 48 hours to let you know if we can get the title. We will make every effort to acquire items our patrons want.

Unless otherwise noted, registration is not required, all programs are free, and are funded by the City of White Plains.

For more details and listings of our free classes and events, see our website whiteplainslibrary.org

### For Adults

#### Free Concerts

March 10 at 2 p.m. — **Ladies' Day Jazz Trio**Ladies' Day is an ensemble of women jazz musicians who play music composed by classic and contemporary women jazz composers.

April 21 at 2 p.m. — Clarice Wilson Memorial Concert Featuring classical pianist Brian Lam. Funded by the White Plains Library Foundation.

May 19 at 2 p.m. — **The Incomparable Ethel Waters** Jazz vocalist Shirley Crabbe performs this one-woman show featuring 12 songs made famous by America's first black superstar, Ethel Waters.

Please check our calendar to confirm concert dates and times.

#### International Film Festival

Every July and August we offer a series of international films for free at the Library. Please check our website for this year's titles.

#### Poetry SLAM & Open Mic

Join us for the first Wednesday of each month for open mic, poetry SLAM competition and a guest poet. This is a project of the White Plains Library Foundation.



#### Text a Librarian

Text your question to 66746 and type "WPPL" (no quotation marks) at the start of your question. Librarians will respond promptly during regular library hours.

Unless otherwise noted, registration is not required, all programs are free, and are funded by the City of White Plains. 100 Martine Avenue • White Plains, NY 10601 914-422-1400 • www.whiteplainslibrary.org

#### eReader One-on-One Training

Do you have a Nook, Kindle, or iPad? Are you thinking of getting one? Would you like to download free ebooks and audiobooks from the Library website?

Call 422-1480 or stop by our first floor Reference Desk to schedule one-on-one training.

#### Learn English

Westchester Community College offers English as a second language (ESL) classes at White Plains Public Library. Classes are free, the textbook is \$35. They are Monday, Wednesday and Friday morning classes, 10:15-1:15; and all day Saturday, 10:15-4:45. For more information, including the August registration dates for fall classes, call 606-5656.

English conversation groups meet every Monday and Thursday from 2:00-3:00 p.m. Practice your English skills by speaking with other ESL students. The groups are free and no registration is required.

#### **GED Classes**

Do you want to get your GED? Need help with math, writing, or understanding what's on the test? Tutors are available to help you prepare for the exam every Monday 6:00-8:30 p.m. and Saturday 10:00 a.m. - 12:00 p.m. First come, first served, so be sure to arrive early. Registration is not required. Call 422-1480 for times.

This service is free of charge. Brought to you by Westchester Library System and White Plains Public Library.

#### Computer Classes

The Library offers ongoing computer classes from beginner to intermediate level. For more information, please pick up the latest computer classes flyer, visit our website or inquire at the Reference Desk. Registration required. Register at the Reference Desk for beginner courses, register on our website for intermediate courses.

#### Short Story Discussion Group

Librarian Barbara Wenglin returns to explore compelling short stories from the acclaimed anthology, Wonderful Town: New York Stories from The New Yorker, edited by David Remnick (Random House, 2000). We have copies to borrow and one kept at the Reference Desk. Reading selections to be announced. Please register once for series. You're not required to attend every session. Refreshments served. Dates: 4/4, 4/18, 5/2, 5/23 Time: 2:00 — 4:00 PM

In celebration of National Poetry Month, Professor Eleanor Ehrenkranz of Pace University will discuss and read from her recently published anthology, "Explaining Life: The Wisdom of Modern Jewish Poetry" on April 25.

These programs funded by the Friends of the White Plains Public Library

#### Friends Bookstore

The Friends of the White Plains Public Library run a used bookstore just off the 1st Floor lobby. Stop in whenever the Library is open to find a variety of books at spectacular prices! They offer specials on different topics each month.



Through grant funding from The Allstate Foundation, the Library continues its series of programs on teen safe driving and personal finance this spring.

#### For adults:

Smart Women, Smart Money: Three workshops led by financial educator Lew Tischler. These programs will present the building blocks of personal finance. Wednesday, March 20, 7 p.m.: Setting Financial Goals and Personal Budgeting Wednesday, April 17, 7 p.m.: Credit Cards and Debt Management Wednesday, May 15, 7 p.m.: Saving, Investing, and Insurance



#### For teens:



<u>Video Game Creation</u>: a 10-week intensive workshop covering the fundamentals of game design. Students will design and develop a video game about the dangers of distracted driving, Thursdays, January 17-March 21.

Public Service Announcement ("PSA") Video Creation Workshop: Students will script, film, and edit a PSA about the risks of texting while driving. Dates TBD; check the Library

website or call Erik Carlson at 422-6923 for details.

<u>Teen Driving & Prom Safety Workshop</u>: Tips for teens on how to celebrate prom with a night of happy memories and no regrets. Parents welcome, too. Wednesday, May 15, 7 p.m.

Car Care Basics for Teens: Learn how to keep your car running smoothly. Dates TBD; check the Library website for dates and times.

For information on more teen programs, dates, and times please check our website or call Erik Carlson at 422-6923.

Unless otherwise noted, registration is not required, all programs are free, and are funded by the City of White Plains.

For more details and listings of our free classes and events, see our website whiteplainslibrary.org

### **Special Events**

#### Parades, Festivals, Seasonal Events

#### St. Patricks Day Parade - March 9

Celebrate the luck of the Irish, as they march down Mamaroneck Avenue with bands and maybe even a Leprechaun. Rain or shine.

**Age Group:** Open to All

**Day/Time:** Saturday, March 9, Parade Starts at Noon

**Location:** Mamaroneck Ave to City Hall

#### **Funny Bunny Morning - March 30**

Meet, greet and take photos with Peter Cottontail. A treat for all your little bunnies. Games, music, movie. Photographer not included.

Age Group:Pre-Schoolers - 3rd GradeDay/Time:Saturday, March 30, 10am - noonLocation:City Center, National Amusement Theater

#### **Cherry Blossom Festival - April 28**

Celebrate the beginning of spring under the newest cherry trees in White Plains. Activities, entertainment, food & music. FREE admission.

Age Group: Open to All

**Day/Time:** Sunday, April 28, Noon - 5pm **Location:** Turnure Park, Lake Street

#### **Memorial Day Parade - May 27**

View area organizations as they parade from Church St. to the rural cemetery on N. Broadway. Memorial ceremony follows parade.

Age Group: Open to All

**Day/Time:** Monday, May 27, 10am Parade Start

**Location:** Downtown White Plains

### White Plains Outdoor Arts Festival - June 1 & June 2

A juried art show which includes arts and crafts from over 80 artists, as well as children's art workshop, student art exhibit, emerging artist display and performing artists. For additional information: White Plains Outdoor Arts Festival, P.O. Box PMB 441, 333 Mamaroneck Avenue, White Plains, NY 10605 / Voice mail: (866) 210-7137 / or our websites: Whiteplainsoutdoorartsfestival.com or wpoaf.org.

Age Group: Open to All

Day/Time: Saturday & Sunday, June 1 & 2, 10am -5pm

**Location:** Tibbits Park, 1 North Broadway, White Plains, New York 10601

#### **Juneteenth Festival**

A celebration of African American heritage and freedom. The festival will host bands, dancers, entertainment and food.

Age Group: Open to All

**Day/Time:** Saturday, June 8. TBD **Location:** Eastview School

#### Parades, Festivals, Seasonal Events

#### **Jill E. Solomon Bicycle Helmet Day**

Bicycle helmet safety program and bicycle inspections available. **NEW! Teach Your Child to Ride a Bike!** An easy, hands-free, crash-free, and low-stress way to get your child rolling on 2 wheels. Recreation staff and trained volunteers will present this FREE class.

**Age Group:** Open to All

Day/Time: Saturday, May 4, 10am - noon

**Location:** Delfino Park

**Registration:** Please call 422-1336 to pre-register

#### **Car Seat Inspection**

In conjunction with our "Learn -To - Ride" bike program, specially trained police officers will provide car seat inspections to all interested residents between the hours of 10:00am-Noon. There is no fee or pre-registration for this event. Residents are invited to attend anytime buring the 2-hour period.

#### **Glenn D. Loucks Track Meet**

The most exciting and most prestigious High School Track and Field event in the region.

**Age Group:** Open to All High School Athletes **Day/Time:** Thursday, May 9 - Saturday, May 11

Thu, 4 - 6:30pm; Fri, 1 - 6pm; Sat, 9:30 - 6pm

**Location:** WPHS Track **Fee:** FRFF

#### Glenn D. Loucks 5K Race

White Plains Rotary hosts the Loucks 5K Race, beginning and ending at WPHS. A perfect kick off for the track and field events of the day.

**Age Group:** Open to All

Day/Time:Saturday, May 11, 8amLocation:WPHS, Bryant Avenue EntranceRegistration:Forms available at the Recreation Office.

**Fee:** Adults, pre-race: \$10, Day of race: \$15, Students: \$5.

Checks payable to: White Plains Rotary Club.

#### **Independence Day Celebration**

Join us for one of our most exciting and enjoyable events of the season. A fun filled evening of entertainment, giant inflatable rides, food and fireworks!

**Age Group:** Open to All

**Day/Time:** Tuesday July 2, 6 - 10pm \*Raindate July 3

**Location:** WPHS

#### **Dog Days of Summer**

Come join us for our "Dog Swim" at Kittrell Pool **Age Group:** Dogs 1 year & older with adult owners **Day/Time:** Sunday, September 8, 10am - noon

**Location:** Kittrell Pool, Fisher Ave. **FREE** to White Plains Dogs.

### **Special Events**

#### Parades, Festivals, Seasonal Events

#### Park Clean-Up Program

Join the fun as the City of White Plains Recreation & Parks Department invites you to its Annual Park Clean-Up Day. Participants will be provided with refuse bags, disposable gloves and locations. (See website for other community programs). Volunteer for as long as you can.

**Age Group:** Open to All

**Day/Time:** Sunday, April 21 9am- 12 Noon

**Location:** Delfino Park/Lake Street, Gillie Park & Greenway,

Gedney Way, Gardella Park, Ferris Avenue

**Registration:** Onsite at each location

Fee: Free

www.sustainwhiteplains.org



In 2010 the City of White Plains established the Sustainability and Environment Enhancement Committee (SEEC) to improve the environmental footprint of White Plains in a realistic and thoughtful manner to sustain a quality of life which is responsible, cost-effective and healthy.

#### **Sustain White Plains Celebration**

A variety of green/eco-friendly/sustainable exhibitors will provide exciting information for youth, adults, schools and businesses. Entertainment, free giveaways and the opportunity to keep White Plains Green, makes this an easy decision for all. Mark your calendars!

Age Group: Open to All

**Dav/Time:** Saturday, April 27 noon-4 pm

**Location:** Mamaroneck Ave. between Main St. & Martine Ave.

Fee: Free

#### **Earth Week – Recyclable Floating Art Class**

Our Art instructor will lead a class for families and help them develop a piece of Art made of recyclable materials. This exciting initiative will bring light on the beauty of items we might normally discard as being no longer usable. The class will culminate with a Floating Art Exhibit to be held at Liberty Park on April 21 to coincide with Earth Day. Register now, space is limited, recyclable material must be supplied by the participant all other supplies provided..

**Age Group:** Families Adults & Youth Grades K-older **Day/Time:** Tuesday, April 2, 9, 16 - 6:30-8pm

Sunday, April 21 11am

**Location:** Gillie Park Recreation Room

**Fee:** \$25 per Family

#### **International Open Air Market**

**Day/Time:** Wednesday, May 1 - November 20, 8am - 4pm

**Location:** Court Street

**Fee:** Prices are set by individual vendors.

#### Parades, Festivals, Seasonal Events

#### **White Plains Car Show**

Come out and enjoy a day full of cars, entertainment, vendors, raffles/prizes and food. Vehicles on display will include antiques, classics, hotrods, modifieds and motorcycles. This 2nd annual event is sponsored by the White Plains Rotary Club and Antique Automobile Club of America. Held rain or shine. For more information email rotarycarshow@rotarywp.org or call (914)391-5787.

Age Group: Open to All

**Day/Time:** Sunday June 9, 10am – 4pm **Location:** White Plains High School

Learn everything about camping and even camp at Delfino Park during out inaugural community campout. We are encouraging families who have never camped or who are seasoned campers to spend the night outdoors under the stars in White Plains.

This one day event will include a campsite, activities, entertainment, demonstrations, as well as other exciting outdoor family fun.

Registration information and equipment rental information will be available after August 1 limited sites available.

Saturday, September 21, 2 p.m. until Sunday, September 22, 11 a.m. Rain date, Saturday, September 28 \$40 per family site (6 person maximum)



### **Community Partners**

#### Westchester's Longest Running Community Theater

Co-Sponsored by White Plains Recreation & Parks Celebrating our 74th Season OPEN TO ALL!

Join us on stage, back stage, or in the audience! FortHillPlayers.com 914-946-1543



Fort

Hill

Bring a blanket, a picnic and the family! Coming to a neighborhood park near you! July 8, 9, 10, 11, 15, 16, 18

#### Two passions, 200 years apart.

A play about a mother coming to terms with her daughter, a composer coming to terms with his genius. Beethoven & modern scholar Katherine Brandt share an obsession that trandsends 2 centuries, and 2 continents. His obsession- creating 33 variations on a simple waltz, Hers - striving to understand why. And above it all: The level of "I must finish" is overwhelming.

March 15, 16, 22, 23 - 8 pm, March 16 - 2pm. Rochambeau School, 228 Fisher Ave. \$18, \$15 seniors & HS students.



#### Summer Music & Arts

Music Conservatory of Westchester

MCW offers the best in Westchester! Join one or more of our educational (but fun!) sessions. Choose your own electives in band, orchestra,

chorus, arts & crafts, jazz, rock, music technology, dance or visual arts - individual programs for children, youth, and teens that develop artistic potential and foster creativity and teamwork.

Age Groups: Grades (1-3) (4-6) & (7 & up) Day/Time: Monday - Friday, 9 am - 3:30 pm\*

Session I: July 1-July 12, Closed 7/4

Session II: July 15-July 26 July 29-August 9 Session III:

Location: Music Conservatory of Westchester

216 Central Avenue, White Plains 10606

Registration: at the Music Conservatory of Westchester

Contact: 914-761-3900 X142 or X114 gary@musiced.org

www.musicconservatory.org

Call or email for tuition information

\* Half day, early arrival & extended day options available



At White Plains Hospital we believe there is nothing more important than your health. That means we not only offer the best medical care in the area, we also provide you with a variety of programs to increase your quality of life and well-being.

White Plains Hospital will again celebrate good health with our 6th annual Wellness Through Prevention Month in May. Join us for these entertaining and informative programs throughout the month.

#### Cooking with Dad: Tuesday, May 7, 5:30-7:30pm

Join White Plains Hospital's Culinary Institute of America Trained Chef and Father, Lee Mingione, who will show dads and their kids how to create some simple Mother's Day- Breakfast recipes that taste good and are good for you. Reservations are required no later than April 16th. The event will take place at Church Street Elementary School, White Plains. Free ~ limited to the first 50 families. Call Kellie at 914-681-1192

"Brake" for Breakfast Event: Wednesday, May 22, 7:00-8:30am in front of Dickstein Cancer Treatment Center, 2-4 Longview Ave, White Plains (rain date Wednesday, May 22nd)

White Plains Hospital is proud to announce the 1st Annual Brake for Breakfast event which will focus on providing breast cancer awareness information for women on the go. For more information about this event please call 914-681-1192.

Women and Wellness at Bloomingdales White Plains: "Good Health, Straight Answers": (Thursday, May 30th, 6:00-9:00pm)

Get your girlfriends together for a girl's night out that's actually good for you. It's your opportunity to get reliable answers on important health issues from a panel of White Plains Hospital medical experts. Wondering whether hormone replacement therapy is right for you? Curious about bone health? Not sure how often to get a mammogram? Get answers to these and other questions at a fun-filled and informative evening. Be sure to enjoy all of the "beauty bar" events, including hand massages, free goodie bags, wellness tips, custom drinks and treats. There is a \$25 registration fee, but get it back in a gift card to spend at the "beauty bar" that night! For reservations please call 914-684-6257 (leave a message and you will be called back)

If you would like to learn more about upcoming Wellness programs at White Plains Hospital, please send an email to wphcmail@wphospital. org or call 914-681-1119. We will add you to our Wellness distribution list and you will receive information on upcoming events at White Plains

41 East Post Road, White Plains, NY wphospital.org





### **Community Partners**



#### **White Plains Cares Coalition (WPCC)**

The White Plains Cares Coalition has been a catalytic force in helping to change social norms in the City of White Plains. The Coalition hosts a monthly meeting open to all citizens and community events during the calendar with other community stakeholder organizations to help educate the community about issues and risk factors related to substance abuse among our youth. Put simply, the WPCC helps to protect our youth. For more information about the White Plains Cares Coalition please visit our website: whiteplainscares.com or contact: Mr. Wayne Francis, Coalition Coordinator,

E-mail: wfrancis@whiteplainsny.gov

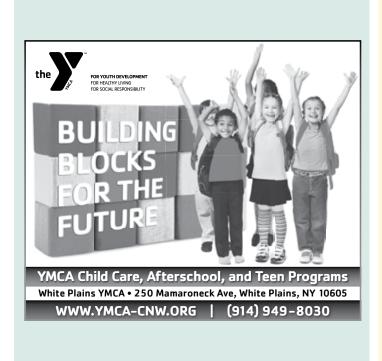
Office: 914-422-1378, Mobile: 914-861-6489.

**Age Group:** Open to All

**Day/Time:** We meet ever 2nd Tuesday of each Month

**Location:** Various locations through out the City of White Plains





#### YWCA White Plains & Central Westchester

eliminating racism empowering women **ywca** 

for every woman for every child for every family for every generation



donate - act - connect

#### Join us today!

- Children's Learning Center, early care and education, before & after school
- Summer Camps
- Aquatics and Gymnastics for recreational and competitive participants
- Fitness for Youth and Adults
   Programs for People with Developmental Disabilities
- Supportive Housing Services for Women
   GEMS After School Leadership Program for Girls

Visit us online: www.ywcawpcw.org Or Call: (914) 949-6227

YWCA Activity Center 515 North Street White Plains, NY 10605 (914) 949-6227 YWCA Residence for Women 69 North Broadway White Plains, NY 10603 (914) 428-1130



11 AMHERST PLACE • WHITE PLAINS, NY • TEL 914.422.1378 • FAX 914.422.6489 • WHITEPLAINSYOUTHBUREAU.ORG

The White Plains Youth Bureau provides opportunities for youth to apply their energy and skills enabling them to believe in their futures and themselves. The Youth Bureau provides safe spaces to go after school, supervision by positive role models, structured activities to engage their interests and challenge their skills, and an opportunity for community service.

#### **UPCOMING EVENTS**

Community-Based Basketball Tournament

Father-Daughter Dance

April 5 1/29 M Cocahon 18

A dinner dance just for fathers and daughters. any significant adult fulle

Mother-Son Dance

May 10 | 7-9PM Location TBA

A dinner dance just for mothers" and sons.

contact Adrienne Rivers for more information arivers@whiteplainsny.gov | 914.422.1378 x2104

#### SCHOOL BASED PROGRAMS

#### ACHIEVING COMPETENCE THROUGH EDUCATION (ACE)

The ACE program provides academic enrichment on Saturdays at the White Plains Eastview Middle School for elementary, middle and high school students. The tutors are high school and college students who act as mentors to those they tutor.

AGE GROUP: DAY/TIME: CONTACT:

PEQUIPEMENTS:

Kindergarten - 12th Grade Saturdays during the school year George Avenaut, 914.422.1378 x2129 gavenaut@whiteplainsny.gov Parent involvement at four parent

meetings yearly.



#### AFTER SCHOOL CONNECTION OPEN HOUSE

DATE:

May 24th | 4-6PM

WHERE:

All Five Elementary Schools

Dekalb Learning Center & the Thomas H. Slater Center

#### AFTER SCHOOL CONNECTION

This program provides quality after school child care from school dismissal until 6pm at all five elementary schools, both middle schools, the DeKalb housing complex and the Thomas H. Slater Center.

AGE GROUP: DAY/TIME:

Kindergarten - 8th Grade

Monday - Friday | September - June

CONTACT:

FEE:

School Dismissal - 6PM Byron Smalls, 914.422.1378 x2118

bsmalls@whiteplainsny.gov

\$316 | Will reflect a small percentage increase. Income based scholarships are available. Fees subject to Common

Council approval.



#### **EXCEL PROGRAMMING**

For children and youth, grades 6-12, Excel is a 21st Century Community Learning Center program funded by the NY State Education Dept. Excel provides academic support and enrichment integrated with exciting youth development activities.

#### CLUB EXCEL REGISTRATION FOR 2012-13 SCHOOL YEAR (CONTINGENT UPON FUNDING)

Club Excel is at both middle school campuses. We provide academic and enrichment programs from the end of the school day up till 6 pm on every full school day from the October through May. In addition to homework help, students have a range of academic and literacy activities to promote academic success.

Club Excel offers workshops in photography, music, sports, gaming, sewing, cooking, and so much more.

This program is free of charge.

Unless otherwise noted, activities are available to White Pialns residents only.



11 AMHERST PLACE • WHITE PLAINS, NY • TEL 914.422.1378 • FAX 914.422.6489 • WHITEPLAINSYOUTHBUREAU.ORG

#### SPRING VACATION & SUMMER PROGRAMS

#### AFTER SCHOOL CONNECTION VACATION CAMP

Do you need a safe place to leave your kids during the Spring Break? If so, we have just what you need. Our Annual Spring Break Vacation Camp is open to all elementary students grades K - 5. The curriculum will include educational and cultural enrichment as well as sporting activities.

Note: if your child is not already enrolled in the After School Connection or Kids Excel program, you will need to fill out a registration form and provide us their updated medical and immunization record.

AGE GROUP: Kindergarten - 5th Grade

DAY/TIME: Monday - Friday | March 25, 26, 28

8:30AM - 6PM

LOCATION:

CONTACT: Martin Rudow, 914.422.1378 x2116

mrudow@whiteplainsny.gov REQUIREMENTS: Students must bring lunch FEE: TBD | Includes snack and a trip

Dates subject to any changes in school calendar.



#### BIT'S N' PIECES SUMMER ENRICHMENT PROGRAM

This Six Week Tutorial Camp offers elementary aged children the opportunity to stay on track with their studies. The program provides a safe, enjoyable and educational environment emphasizing reading, writing and critical thinking. Breakfast, lunch and an afternoon snack are provided.

AGE GROUP: 1st - 5th Grade

DAY/TIME: Monday - Friday | July 2 - Aug 10

8:30AM - 5PM

LOCATION: \$837

CONTACT:

Raymond Tribble, 914,422,1378 x2131

rtribble@whiteplainsny.gov

FEE: TBD | Will reflect a small percentage increase. Income based scholarships are

available. Fees subject to Common

Council approval.



#### LET'S GET READY COLLEGE & SAT PREP COURSE (CONTINGENT UPON FUNDING)

The Let's Get Ready Program (LGR) is open to rising seniors and includes SAT test prep and college planning. Participants are tutored by college students in the various sections of the SAT and visit area colleges. Two mandatory diagnostic exams are administered to target each individual's specific needs. The program commences in July 2013 and meets two evenings per week for seven weeks from 5:45 pm - 9:00 pm.

AGE GROUP: Students Entering 12th Grade DAY/TIME: Monday - Friday | July - August

5:45PM - 9PM

LOCATION: TBD

CONTACT: Kenneth Tapp, kmtapp@gmail.com

FEE: Free

#### PASSAGE TO MIDDLE SCHOOL (CONTINGENT UPON FUNDING)

This exciting camp is for rising 6th graders residents of the City of White Plains. Program is designed to prepare campers for the demands of middle school through fun activities that promote team building and positive youth development. Campers will participate in environmental projects with Teatown Lake Conservation in Ossining and on-site, as well as a host of fun workshops and trips. This program is free. Capacity is 50 campers with preference given to campers referred by the White Plains City School District.

AGE GROUP: Students Entering 6th Grade

LOCATION: Free

FEE:



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### ENRICHMENT & PERSONAL GROWTH ACTIVITIES

#### FIRST ANNUAL ARMED SERVICES CAREER FAIR

The Youth Bureau will be sponsoring an Armed Services Career Fair. Representatives from all branches of the Armed Services will be present to discuss opportunities for young men and women.

AGE GROUP: DAY/TIME: LOCATION: 18 - 24 Years of Age March 16 ( 1PM - 5PM

TBD

CONTACTS:

Baymond Tribble, 914.422.1378 x2131 rtribble@whiteplainsny.gov Patti Saffiero, 914.422.1378 x2125 pstaffie@whiteplainsny.gov

#### BECOME A MENTOR

Do you have an hour or two a week and want to make a difference in a young person's life? The City of White Plains Youth Bureau wants you to be a MENTOR. A mentor is a grown up friend who can help a child become a young adult who is prepared for a successful future. They are one of the people in a child's life who are there to listen to them, and maybe even enlarge their world and experiences. Mentors also benefit from the program by watching a young person grow, and seeing how much fun young people can be when you don't have the stress of being their parent.

AGE GROUP: DAY/TIME: CONTACT:

All White Plains Residents 7 Days/Week, Year Round Sheila Foley, 914.422.1378 x 2128 sfoley@whiteplainsny.gov



#### GROWING WHITE PLAINS

Do you like to play in the dirt, and watch things grow from nothing into something? If so, Growing White Plains is offering summer internships for middle and high school students. Volunteer three hours per day, three days per week from July through August.

AGE GROUP: DAY/TIME: CONTACT: All White Plains Residents 7 Days/Week, Year Round Martin Rudow, 914.422.1378 x 2116 mrudow@whiteplainsny.gov

#### **HEALTHY & FIT FOR LIFE**

Youth have access to a fully equipped fitness facility and highly qualified coaches. Fitness activities include Boxing, Personal Training and Karate.

AGE GROUP: 6-21 Years of Age

DAY/TIME: Monday - Friday | 4PM - 8PM

Karate | Saturdays |

School Year Program
CONTACT: Bhavana Pahwa, 914.42:

Bhavana Pahwa, 914.422.1378 x 2151 bpahwa@whiteplainsny.gov



#### HELPING HANDS COMMUNITY SERVICE

Looking to volunteer?

Are you a high school student looking to do a little community service? If so, contact us to hear what opportunities are currently available to you at the Youth Bureau.

AGE GROUP: DAY/TIME: 9th - 12th Grade School Year

CONTACT: Ca

Catherine Backes, 914.422.1378 x 2126

cbackes@whiteplainsny.gov

#### **RECREATION & CULTURAL ACTIVITIES**

Out of school time for the Youth Bureau's Neighborhood Services means recreational and cultural activities, ranging from basketball, tag football, Hip Hop Dance, drumming and a youth chorus to field trips, movies and museums. Neighborhood Services operates three teen lounges and the gym at Eastview Middle School.

AGE GROUP: DAY/TIME: 12 - 24 Years of Age

Monday - Friday | 3PM - 8PM

Saturdays | 1PM - 8PM School Year Program

CONTACT:

Adrienne Rivers, 914.422.1378 x 2104

arivers@whiteplainsny.gov

Unless otherwise noted, activities are available to White Plains residents only.



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#### YOUTH ON STAGE PERFORMING ARTS PROGRAM

AGE GROUP: 7 - 21 Years of Age
DAY/TIME: Mid-September - June

CONTACT: Adrienne Rivers, 914.422,1378 x 2104

arivers@whiteplainsny.gov



#### **FUSION DANCE**

Youth with some dance experience looking for a creative movement opportunity should sign up for FUSION, one of the Youth Bureau's premier dance programs. The participants contribute to the choreography of dances incorporating, hip hop, Latin and African dance moves. Enrollment for FALL 2013 only.

#### AFRICAN/CARIBBEAN DANCE

Dancers of ALL AGES (this includes you mom and dad!) are welcome to join us for African-Caribbean Dance.

#### **EVOLUTION DANCE**

Our partnership with the Steffi Nossen Dance Company introduces beginning dancers (7-14 years old) to the discipline of dance through Hip Hop. All participants perform at community events at least two times a year. Space is limited. Enrollment for FALL 2013 only.

#### ROOTS 'N RHYTHM | CREATIVE DRUMMING

Open to all members of the community.

#### SYNERGY & CAMBIATA SINGERS

The Synergy Singers are comprised of youth grades K-5. The Cambiata Singers welcome students aged 13 - 21. Synergy singers meet during the after school programs; Cambiata singers meet twice per week during the early evening. Both groups perform at community events.

#### **GENERATIONS CONNECT: HEART 2 HEART**

Youth and older adults help make White Plains a more livable community by getting to know each other while engaging in activities ranging from baking brownies, singing at nursing homes, tutoring elementary students and playing Wii bowling.

AGE GROUP: All Ages

DAY/TIME: Varies During the School Year CONTACT: Adrienne Rivers, 914.422.1378 x 2104

arivers@whiteplainsny.gov

#### YOUTH EMPLOYMENT SERVICES

The White Plains Youth Bureau - Youth Employment Services (Y.E.S.) provides young people with opportunities to learn about the world of work through programs designed to assist them in: indentifying their interests, defining and reaching their goals, and increasing their skills.

#### SUMMER EMPLOYMENT 2013 JULY 1 - AUGUST 9

The Youth Bureau offers six weeks of summer employment to White Plains youth ages 14-21. Applications will be available online April 15th at www.whiteplainsteens.com. Applicants must be available for the entire 6 week program. The application deadline is 5PM on Thursday, May 23rd. Proof of White Plains residency is required. There are a limited number of interview slots per placement. They are first come first serve. Submit applications early.

#### IDENTIFICATION

If you are 14-17 you must submit a work permit. If you are 18-21 you must submit a photo ID. Additionally, all applicants will need to submit a second form of ID which could either be a passport, social security card, or birth certificate.

#### JOB FAIR | DATE AND LOCATION TBA

Once you have submitted an approved application packet, identification and resume you will be invited to the Job Fair. You **must** attend the Job Fair to be considered for a summer job.



#### BABYSITTERS' TRAINING PROGRAM

The program trains young people in leadership, safety, basic care and first aid through our American Red Cross Babysitter Certification class.

AGE GROUP: 12 - 15 Years of Age DAY/TIME: March 27 | 9:30 - 4PM April 29 | 9:30 - 4PM

REQUIREMENTS: For More Information Download An

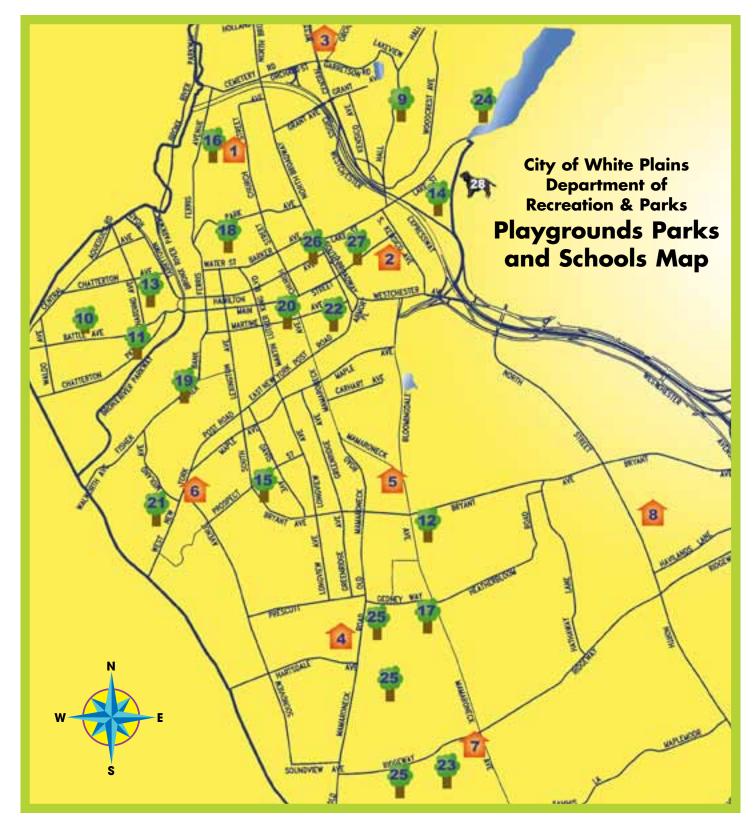
Application at

www.whiteplainsteens.com
CONTACT: Janet Spencer, 914,422,1378 x 2154

jspencer@whiteplainsny.gov

Unless otherwise noted, activities are available to White Plains residents only.

#### Registration Form Phone: (914) 422-1336 City of White Plains, Recreation & Parks Department, 85 Gedney Way, White Plains NY 10605 First Name Adult Last Name \_\_\_\_\_ Apt#: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_ Address: \_\_\_ Phone# Day: \_\_\_\_\_\_ Cell: \_\_\_\_\_ Eve: \_\_\_\_\_\_ e-mail: \_\_\_\_\_ Emergency# Day: Cell: Eve: Emergency Contact Name: Release of Liability: In consideration of your acceptance of myself or that of my child/minor (in my legal custody) for participation in the activities/programs/use of facilities of the City of White Plains, I agree that I am aware of the inherent dangers and risk involved in these activities/programs including bodily injury, which may result from strenuous activity or other causes related to the activities/programs. I agree for myself and/or for my child/minor to release and hold harmless the City of White Plains its officials, officers, agents, employees and volunteers from any against any and all liability, damage or claim of any nature arising out of or in any way related to my participation or that of my child/ minor in these activities/programs except those things caused by the sole negligence of the City. I understand that the City of White Plains does not provide accident or medical insurance and I am financially responsible for any and all medical expenses whatsoever that I or my child/minor may incur. I have read, understand and agree with the terms of Signature of Registrant or Parent/Guardian: Date: / / Course # Participant's Name (Last, First) Sex | D.O.B. | Grd/School | **Activity Name** FEE Total \$ For Office Use Only Amount Paid: Cash: Check #: Program Fee: \_\_\_\_\_ Credit Card: Master: Visa: Received By: Highlands School/Ralph Field 10. Battle Hill Park11. Battle/Whitney Park12. Bryant-Mamaroneck Park13. Chatterton Playground Mamaroneck Avenue School White Plains George Washington School 8. White Plains High School 18. Jacob Purdy Park 19. Kitrell Park 20. Renaissance Plaza 21. Martison Playground 22. Mitchell Place Tot Lot 23. Ridgeway Nature Traili 24. Liberty Park 25. The Jack HarringtonGree Recreation **Church Street School** & Parks Ridgeway School Post Road School 16. Gardella Park 14. Delfino Park 15. Druss Park Baldwin Farm **Park Amenities** ĸ. **Ball Fields Basketball Courts Boating** Picnic/Cooking/Grills Skating Meeting Rooms **Nature Trails Outdoor Concerts/Events** Historic Site **Picnic Pavilion Playgrounds** • Restrooms **Swimming Pool Tennis Courts** Track Volleyball



#### **City Schools**

- 1 Church Street School
- 2 Eastview School
- 3 George Washington School
- 4 Highlands School
- 5 Mamaroneck Avenue School
- 6 Post Road School
- 7 Ridgeway School
- 8 White Plains High School

#### Parks & Playgrounds

- 9 Baldwin Farm
- 10 Battle Hill Park
- 11 Battle-Whitney Park

Gardella Park

- 12 Bryant-Mamaroneck Park
- 13 Chatterton Playground
- 14 Delfino Park
- 15 Druss Park
- 17 Gillie Field

16

- 18 Jacob Purdy Park
- 19 Kitrell Park
- 20 Renaissance Plaza
- 21 Mattison Playground
- 22 Mitchell Place Tot Lot
- 23 Ridgeway Nature Trails
- 24 Liberty Park
- 25 The Jack Harrington Greenway
- 26 Tibbits Park
- 27 Turnure Park
- 28 Bark Park

City of White Plains Recreation & Parks 85 Gedney Way White Plains, NY 10605 Presorted STD U.S. Postage PAID Permit No. 254 White Plains, NY

\*\*\*\*\*\*ECRWSS\*\*

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